

the paper

So we stand here
on the edge of hell
in Harlem
and look out
on the world
and wonder
what we're gonna do
in the face of
what we remember.

Langston Hughes

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C701

IMPROVING CAMPUS SECURITY!

Who wants to get mugged? EXCLUSIVE!

by Terry Brewer

Security is not only a CCNY problem. Recent assassination attempts and terrorist acts indicate that "the feeling of safe" is a condition that many are working to perfect all over the world.

Mike Edwards, President of Day Student Government, expressed these views concerning improvements of campus security: "Safety is the duty of everyone at City College. Furthermore, we must work with not against, those hired to protect us. Everyone might try to be more considerate to the guards."

Mr. Edwards is in the process of completing several proposals that will hopefully improve campus security. One of his plans is to hold several symposiums designed to afford students and staff an opportunity to meet and discuss security issues. Edwards commented, "The administration should place a higher priority on security. There's not

enough money put into it. It's unfair to point criticizing fingers at the security force. The present and proposed National Defense Budget demonstrates that an institution has to pay top dollar for effective security."

Overall, Mike Edwards urged that the CCNY populace re-examine the negative image of our security force.

The security office is located in Finley 136. The phone number is 690-6626. They're on campus for your protection. So, if you witness or suspect an emergency, first try to provide some immediate help yourself. Then, if further help is needed, call and/or go to security at once.

Mr. Edwards closed with, "Security, of course, as I'm sure they're aware, has to also honestly look at itself and weed out any internal kinks."



Security is everybody's problem. Let's make it better.

Kwame Toure: A Born Leader



Kwame Toure (a.k.a. Stokeley Carmichael)

by Tony Wells

On October 16, the Progressive Active Students committee presented speaker Kwame Toure (a.k.a. Stokeley Carmichael) in an open house forum at the Finley Ballroom.

Introduced by president of Day Senate Mike Edwards as possessing a "deep love for our people," Toure of the All-African Peoples Party, a political organization, opened with a strong attack on capitalism. Calling it "vicious," "stupid" and "irresponsible," he urged Africans (all Black people) not to accept its "animal"-like principle—survival of the fittest.

Toure told the nearly filled ballroom that African people can only justly, completely, and efficiently "free ourselves and our 900 million brothers scattered across the world in a unified socialist Africa." Though Africa is the richest continent in the world in natural resources, Africans are the poorest and most oppressed of all people.

He stressed, primarily, people organization. "Man only develops among other human beings... as an individual there is very little you can do," he stated.

A very dynamic and strong speaker, Toure was particularly concerned with accessing scientific theory socialism. He also spoke of reformist activities as being merely

reactionary and "taking us in circles." "We shout and picket then let our anger die down until it happens again... how can we expect to compete with the financial power that big business has over the politics of this country," he explained.

When questioned on the Sydenham issue, Toure, with the help of George Simmonds, also a lecturer and member of the AAPRP, explained that what the people are attempting to do is a revolutionary act because they intend to take complete control of the closing Hospital.

"Revolution is a quick and radical change brought about by the people," said Ron Gibbons, a student and organizer for the AAPRP

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**A
LIFETIME
OF
OPPORTUNITY
IN
ONE AFTERNOON
THE
BLACK ALUMNI ASSOCIATION
OF
THE CITY COLLEGE OF NEW YORK
SPONSORS
ITS
FOURTH ANNUAL
CAREER
OPPORTUNITIES
DAY
OCTOBER 24, 1980
THE GREAT HALL
OF
SHEPARD
138th St. and Convent Ave.
10:00 a.m.-4:00 p.m.**

Angela Davis Speaks

by Tony Wells

"People Before Profits" was the slogan for the Communist Party U.S.A. rally at Nat Holman gymnasium on Sunday, October 19, 1980. Gus Hall for president, Angela Davis for vice-president and Bill Scott for senate; all spoke to an enthusiastic audience that packed the gymnasium.

In existence in this country for 61 years, the CPUSA has among its many credits, the unemployment insurance bill. Though they are now on the ballot for 24 states and Washington D.C., little is known of the Communist Party in general due to mass media propaganda. "If the media gave as much support to the striking teachers in Ohio as they did to the striking workers in Poland, this country would be much better off." Gus Hall said pointing out to a recent event.

Angela Davis, a beautiful black woman whose prominence in the liberation movements in the sixties is well known, brought out an interesting comparison at the rally, "There are only two countries in the industrialized world without a national health plan—the U.S. and South Africa and the similarities don't stop there. Our tax money is allocated on an apartheid level." she said then gave reference to the unneeded \$1000 a day/per bed state funded hospital opening in Stony Brook, Long Island as compared to the closing of Sydenham.

Currently, there are no black senators in congress. Bill Scott is a black auto worker who believes that racism and racist policies such as redlining by banks and insurance companies should be a criminal offense.

None of the CP candidates have illusions of winning their elections,

however, they do believe that the support could, at least, cause the two-party system to reassess their platforms.

Davis attributed the 13% decline in enrollment at City College directly to the lack of free education, "a right of the people."

According to Carter and Congress, the military budget should be increased to \$158 billion, and \$15 billion should be cut from social services. Four hundred million dollars are to be cut from health services, \$700 million from public transportation, \$900 million from welfare, \$1 billion from job training and affirmative action, \$1.2 billion from energy development and almost \$2 billion from revenue sharing programs.

As explained by Gus Hall, the CPUSA would cut \$100 billion from the military budget. The Party believes that the Carter administration is attempting to hype up anti-soviet hysteria in order to set up a nuclear base for the corporate-military alliance's interest in the Persian Gulf. Also, more jobs can be created in social programs than in the highly equipped orientated military.

The Party would cut \$100 billion from corporate profits which have increased despite claims for incentive grants for "reindustrialization."

The Party would also cut \$100 billion from closing tax loopholes and another \$100 billion by not building the MX missile. They would reinvest these billions into our cities.

On hand to support the CPUSA was Jill Ferillo of the Young Workers Liberation League. Roy Brown's Aires Bucanero's, a latin band, played to the delight of the audience.

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STUDENT MEMBERSHIP DRIVE

THURSDAY OCT. 30th, 1980

FINLEY'S LEWISOHN LOUNGE

12 NOON-5 P.M.

presented to you by your Student Government
Progressive Active Students
FREE REFRESHMENTS

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STUDENTS

Making Our Campus Safe

by Oswald B. Facey
A concerned CCNY student

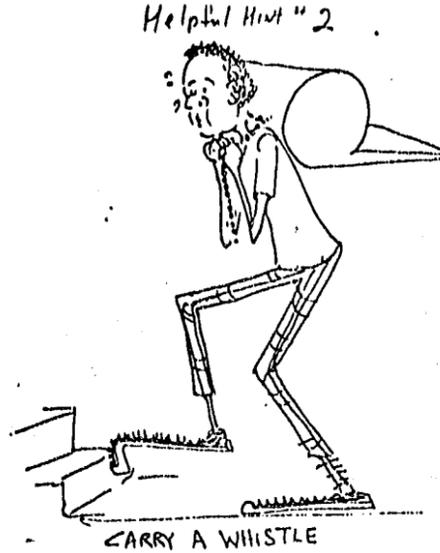
Last Friday, Oct. 10, I attended a party sponsored by the Caribbean Students Association in Buttenweiser Lounge, Finley Student Center. At about 10:30 p.m. I saw a man loitering in the corridor near the ladies' room. Realizing that the man may be a mugger, a rapist, or worse, I asked the students who were known to me if they needed an escort. Before they could answer me the man stated that he would "put me in jail" if I went any further. (By the way, I was standing by the stairs on the second floor.) I ignored his threats and accompanied the students to the end of the corridor.

The man became quite annoyed and aggressive. He confronted me in the corridor and after some shouting and pushing we started to fight. At this time, the women went downstairs to the party and brought back a male student who proceeded to stop the fight. My assailant restated that he would "put me in jail." Moments later he went away and returned with four uniformed guards. They accosted me in front of Buttenweiser Lounge and one guard who spoke very little English began painfully poking me in the stomach with his nightstick. After about four or five more pokes I told him that if he did so again, I would hit him. The students who were present told the guards to cool it, after hearing what had taken place.

The guard in charge (I don't know his rank) told the students I



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CARRY A WHISTLE



WALK IN GROUPS



KEEP HANDBAGS CLOSE TO YOUR BODY

was not a City College student (I guess he came to this conclusion by the use of ESP as he did not ask for my ID card).

He invited me to go outside with him and continue the fight with his "supervisor." I was tempted to go

but was restrained from doing so by fellow students.

Eventually, the guards went away. Later that evening I learned that all security personnel working on campus that night were in uniform. The question then was who

was that man? I would like to point out that at no time did he attempt to identify himself to me or the other students.

What are the reasons for the security guards at City College? Are they here to protect us or to antagonize us?

Should they use their "power" to justify errors made by their friends and fellow guards or should they use their power to be peacemakers? If they are here to protect us, they are doing a very poor job. On the other hand, if they are here to antagonize us, they are doing an excellent job. The fact that the guards invited me to continue the fight will bear me out on this point. Could it be that these guards are given orders from their superiors to hassle students so that it will appear that the guards are doing an excellent job?

With the current increases of robberies, muggings and rapes in the college community, campus security personnel should encourage students to aid in security. In short, instead of being hassled, I should be applauded for my chivalrous act.

Kwame Toure

(continued from page 1)

on campus. Gibbons also directs a work-study program for the AAPRP here in which a student studies the "true" history of the African peoples and the ideals of scientific socialism.

Pan-Africanism of all African people is the primary objective of the party though they hope to be a vanguard for all people for social change. If you wish to join the party or know more about it, there is an orientation session October 30 at 12:00, Room 217 Shepard Hall, or write: AAPRP, Box 300, New York, NY 10027 (212) 365-8057. There is also a film and lecture, "Malcolm X Struggles For Freedom" and speaker Bob Brown of the AAPRP on October 23, in the same place and time as the orientation program.

Security???

Recently, a woman was raped inside Klapper. Another incident occurred at Finley, where a couple of guys armed with guns took gold chains and watches from students. This week, I parked my bicycle next to the guard station at Finley, and a half hour later it was stolen.

All these criminal acts are occurring right in our college, and many of us (students) probably don't know that these things are occurring. We all know that in this society, people have been using gold chains, watches and rings for many centuries. The use of these objects are and have become symbolic for everyone; however, criminals are forcing people to discontinue using these personal things.

There is one alternative. We must begin to fight back. How are we going to fight back? Well, by getting involved and participating as crime fighters. Why do we, (the good citizens) have to change our behavior and customs because some punks don't want to work? Many students probably don't know the whole story of these acts of crime, but this writer does know. The first experience that I

(the writer) had occurred two years ago. I went to the Science building for a swimming lesson, and put all my personal belongings into a locker with a lock. When I returned to get my things, the locker had been broken into and my wallet and money were gone. Then three weeks later, I parked my car on campus, when I returned my cassette player was stolen. This week my bicycle which cost two hundred dollars was also stolen. It was parked right next to the guard station at the entrance to Finley. These incidents are probably occurring to many other students and faculty at City College; therefore, we the students and faculty must get together and begin to fight back. We have to chase these criminals out of our college and keep them out. If you are a student or faculty member, and you are sick and tired of these abuses—then become a crime fighter. If you are interested, please call this number 722-0103 and ask for Tony Aya'a. Get involved! We have to stop it now! It's not only good for us, but also for the integrity of our college—City College!

Job Seekers Expected to Flock to Career Day

by Andrew Watt

Need a job? Wondering what the employment outlook will be for your field of interest? Wondering what careers hold the most promising future? Well make a note on your calendar to visit the Great Hall in Shepherd on Friday, October 24th between 10:00 a.m. and 4:00 p.m. On that day the Black Alumni Association of City College will sponsor its 4th annual Career Opportunities Day.

More than 50 businesses and governmental organizations will be participating in the event. Some of the more prominent companies include IBM, Bell Labs, Exxon and Xerox. All of the participating companies will be offering employment opportunities and information regarding careers within their field.

Students and all other interested individuals are urged to bring resumes to the Career Day, in order to enhance the possibility of receiving employment. The disciplines sought by the companies range from engineering to economics to earth science.



Ed Evans

Another major feature of the Career Day is getting students to realize the skills and resources that will be needed in the business arena

for the years ahead. The representatives from the participating companies will be seeking to counsel students about the outlook for employment in various fields.

Ed Evans, Assistant Dean of Students, is the coordinator of the program. Mr. Evans expects this year's Career Day to be the best one yet. Hundreds of students and people from off campus are expected to attend and utilize the presence of these organizations to everyone's benefit. Evans noted that many of these companies were coming to City College to seek talented Blacks and Hispanics, and that it was essential for these students to gain as much from this event as possible.

He stated that students should not hold a narrow view of the range of opportunities that their academic background has prepared them for. According to Evans, most students will be qualified for numerous positions in these organizations and therefore the student should research these positions and set a path to the positions that hold the most potential.

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Pre-Med Program Offers!

by Jennifer Purnell

For students who are unsure of their major, there is a new program is called the Program for Pre-Medical Studies (PPS). It is designed to encourage and prepare more students to enter medical school through the college's pre-medical program.

A \$450,000 grant from the Josiah Macy Jr. Foundation has been awarded to the college for this program. The grant is to be distributed over a three year period at a rate of \$150,000 per year.

Together with the grant from the Josiah Macy Jr. Foundation, the resources of CCNY's Biomedical School and the College of Liberal Arts and Science's essential support

services will be provided for PPS students. These services will include:

Recruitment of underrepresented groups for medical education.

A comprehensive program of academic assistance and tutorial activities.

Psychological counseling services.

Career counseling.

Financial assistance.

Preparatory courses for Medical College.

Admission test will be offered to students who have maintained a level of satisfactory scholastic achievement.

In addition, there will be a special summer program for approximate-

ly ten second year PPS students who meet selection criteria of the School of Biomedical Education. There will also be special summer medical experiences for other PPS students. Financial assistance and/or summer stipends, along with research support, will be available under the summer program.

Director Dr. Mayer Fishman will be assisted by an Advisory Committee which consists of College of Liberal Arts and Science faculty from CCNY's departments of Biology, Chemistry, Mathematics, Physics, Psychology and the Divisions of Humanities and Social Science. Together they will coordinate, monitor and set program policy.

Editorial

No Beef

They don't vote anyway. And it's votes that count. Why should we give them social benefits, when they don't vote anyway? Close the hospitals and the schools. They don't care. They don't do anything but party anyway. They can't read. We know that because they don't even write.

I'd hate for them to be right. VOTE! Then, make your legislatures accountable.

OPEN FORUM

Death to the Klan!

The recent murders of 6 Black men in Buffalo, 2 of them with their hearts cut out, are a shocking indication of the rise of white supremacist violence in this country. Last month the ku klux klan organized a total of 750 white people to come to 2 cross-burnings and white power rallies in Scotland, Connecticut. Recently we read about klan guerrilla training camps in the south where klan recruits are trained in the use of arms to prepare for "race war."

This level of white supremacist violence is serious and needs to be opposed. Black people throughout the country are making a clear stand in defense of their human rights and in opposition to genocide. Now more than ever, it is necessary for white people to take a stand against the klan and all forms of organized white supremacy.

Mass white supremacist movements against busing and affirmative action and for the death penalty and "law and order" organize white people to attack Third World people's human rights and to support and participate in violent attacks against Third World people.

The klan recruits from these movements to build both its white supremacist army and its base of support.

The violence of the police, the klan and individual white people is becoming more and more the rule in the u.s. Imperialist forces are trying to organize all white people to accept this increasing level of attack and to support the building of a police state.

This is how fascism is being built

in the u.s., as u.s. imperialism is suffering defeats around the world and is threatened by the growth of national liberation struggles within the u.s.

The struggle of Black people for their liberation is setting the only basis to defeat the rise of fascism: uncompromising opposition to all forms of white supremacy and support for the absolute right of Third World people to human rights and self-determination.

The struggle against the klan and all forms of white supremacy is the dividing line of the '80s because there is no way for white people to build progressive movements while the klan is the unchallenged leadership of white america.

The John Brown Anti-Klan Committee calls on all progressive white students and white people in general to work with us to build a movement that fights against the klan under the leadership of the Black liberation struggle.

Literature and information available from John Brown Anti-Klan Committee, c/o 152 Finley.

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NEW YORK UNIVERSITY SCHOOL OF LAW

Students considering the study of law are invited to visit New York University School of Law on Friday afternoons to speak with admissions representatives and students, and at other times during the week to observe classes.

New York University is an affirmative action/equal opportunity institution. The Law School encourages applications from members of minority groups.

Please phone the Admissions Office (508-2516) for more information.

Book Browsing: Uptown



by Deborah Hoyle

The Schomburg Center for Research in Black Culture opened its doors to the public in September. The center is one of the largest cultural research centers in New York City, specializing in Black culture.

The Schomburg Center offers an extended range of knowledge and research materials on Africa, African and African-American history. Its collection contains over 147,000 pieces which include books, films, photographs, records, tapes, periodicals, art and artifacts on the Black experience. If you're interested in language the Schomburg has quite a selection. Concentration into more than 140,000 African languages and dialects. The center

The Schomburg Center for Research in Black Culture, which used to share its collection with the Countee Cullen Branch of the New York Public Library, has relocated. The Schomburg Center is now situated at 515 Lenox Avenue, New York 10030. The center is now part of the Center for Research Libraries (CRL). The Schomburg Center is a four-story building with a lower level. Since the Schomburg acts as research center borrowing material is prohibited. The hours are: Monday thru Wednesday from 12 noon until 8 p.m. and Thursday thru Saturday from 10 a.m. until 6 p.m.

The Schomburg Center moved because the facilities in the old building were terribly inadequate.

also contains works in other languages.

The material was starting to deteriorate because of climate conditions. In order to preserve some of the damaged material microfiche was produced.

The Schomburg Center has been part of Harlem since 1925. The center shared part of the Countee Cullen Branch of the New York Public Library on 135th Street, New York 10030.

The national and international center is a lucrative source in black culture. The Schomburg Center for Research in Black Culture is a great asset to New York City, bestowing its magnificence upon the Harlem community.

Liberation of Your Mind

by Deborah Hoyle

The Liberation Book Store, founded by its owner Una G. Mulzac, specializes in African and African-American history. The store has been a Harlem landmark for the past 13 years. A variety of books, which are reasonably priced, offer enlightenment in areas such as philosophy, sociology, psychology, economics, religion, ecology, and nutrition. All relate to issues past and present throughout the Black spectrum.

The store has an excellent selection of children's books which in-

clude fables, poems by and for children and moral based stories. Offering books which appear on the best seller list is not the manager's primary concern. Offering books which will give positive knowledge is the Liberation Book Store's main objective.

Although the store caters to the Black community, people from various parts of the world come to purchase merchandise.

In light of what has happened to the Tree of Life book store. The Paper posed a question to Una

Mulzac:

"Do you fear the same fate as the Tree of Life?"

"Well, when they decide to bulldoze you out, what can you do?" responded Mulzac.

The Liberation Book Store is privately funded. But, even this doesn't ensure a store of this kind to remain safe in the Harlem community these days. It is recommended that, as citizens of the community, we start supporting the very things that have made it possible for us to

exist as we have been.

Many of us walk along these streets and don't even bother to check ourselves out (Liberation Book Store, Schomburg Center, regrettably The Tree of Life). The need to maintain such institutions

was noted by the great Arthur Schomburg, a Puerto Rican of African descent: "History must restore what slavery took away, for it is the social damage of slavery that the present generation must repair and offset."

News Briefs

Proficiency Exams

Proficiency exams will be given on October 30, Thursday, at 2:00-5:00 p.m. Education students report to Harris Auditorium and all other students report to Shepard 306 or Baskerville 202. Evening students report to Baskerville 202 as well at 5:30-8:30 p.m. REMEMBER to bring your ID card. For further information: James DeJohngh (English Dept.) M4, 950.

450 Enroll In Continuing Education

"...beyond all expectations," is the way Ms. Deborah Stiller describes the enrollment number in the Continuing Education Program. The special, low-cost, non-credit adult education program enrolled 450 students beginning October 6.

SEEK Establishes Memorial Scholarship Fund

In honor of the late Bertha Doleman-Robinson, distinguished member of the SEEK faculty for 12 years, SEEK has established a Memorial Scholarship Fund. The Bertha Doleman-Robinson Memorial Scholarship Fund will provide annual achievement awards for SEEK students.

Premedical Studies Receives \$450,000 Grant

A three-year, \$450,000 grant from the Josiah Macy Jr. Foundation has been given to the college for a new Program in Premedical Studies (PRS). This was done in order to increase the number and diversity of students entering medical school through the college's premed program, this according to Dr. Leonard Meiselas, Dean of the Sophie Davis School of Biomedical Education.

Philosophy Centenary Conference

The Dept. of Philosophy will hold a centenary conference on "Rationality in Thought and Action" in honor of Morris Raphael Cohen, who taught philosophy at the college for 30 years. The conference will take place on Thursday and Friday, October 00 and 00, Rm. 200, Shepard Hall, in the afternoon. It was held two additional days, October 16 and 17. For further information, you may call 690-4291.

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U-04 — EXTRA LONG MUMMY BAG. Identical to U-03, but 92" long with 4 lbs. Hollowfil II®. For people over 6'2" tall. A U-03 and a U-04 can be mated, and the tops of the two bags will match up.

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- _____ U-02 tapered, backpacker, bags at \$45.00 ea.
- _____ U-03 mummy bags at \$50.00 ea. right, left
- _____ U-04 extra-long mummy bags at \$60.00 ea. right, left

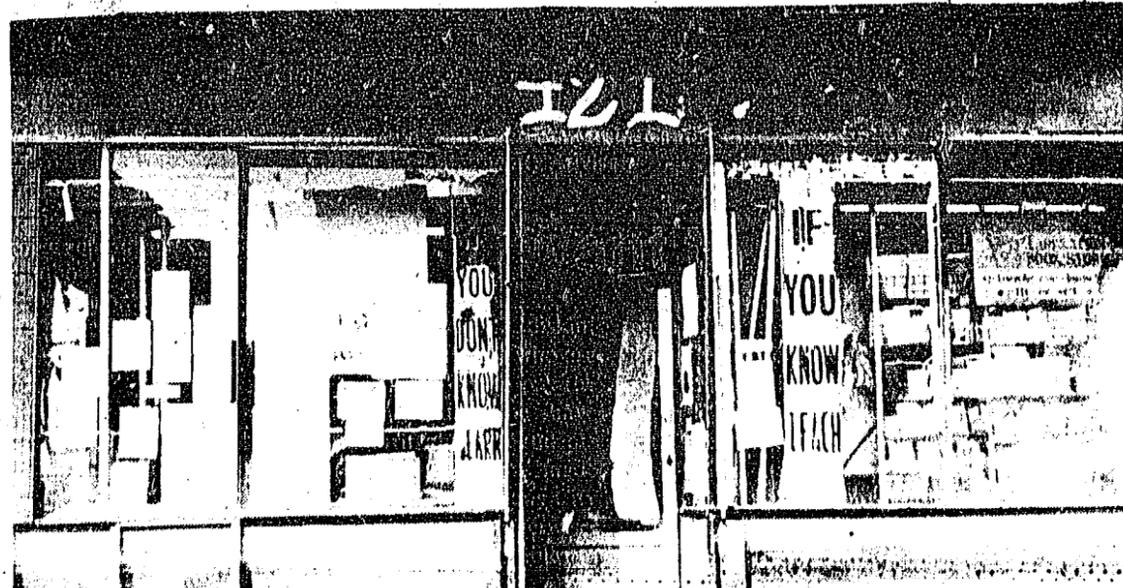
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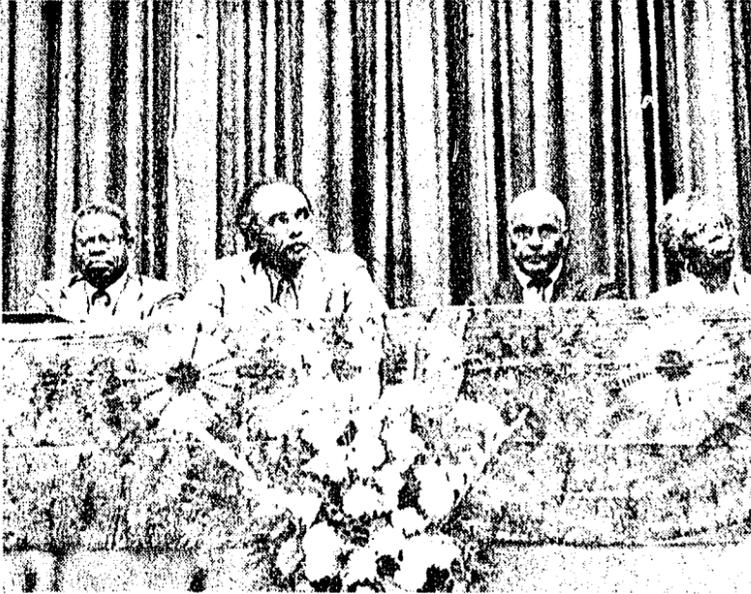
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LIBERATION BOOKSTORE INC.



Television "Like It Is"



Dr. Ben, Gil Noble, Hon. Bruce Wright, Ella McDonald

It didn't have the attendance of the Larry Graham, Sylvester, Two Tuns of Fun Concert. But, it did carry every bit of the moving force.

We shared several standing ovations and dedications. The orators even offered us encores. The event was "The Television-Like It Is Conference." The forum was sponsored by the Black Studies Department in conjunction with the Day Student Senate.



Dr. Josef Ben Jochamman

The Luminary of Our Community...



Honorable Bruce Wright

The hostess of the program was Ella McDonald. She's the Chairperson of The Friends of "Like It is." The Friends of "Like It Is" is an organization formed to "attack those elements of television that are harmful to us."



Ella McDonald



Dr. M.L. King had a dream. Keep it alive.

“We need to become conscious of the subtle forms of racism that are working against us. The sixties were marked by the struggle and acquisition of many Civil Rights Programs. On the other hand, the seventies represented the phasing out of these programs. Too many of us feel that we have it made, when none of us really do.”



Angela Davis

“Keep The Light Burning”



Kwame Toure

The above quote is from the speech delivered by Mr. Gil Noble, producer of the television program for which the club was formed. Mr. Noble went on, “We, as a race, unfortunately don’t have the advantages of proper media exposure. Therefore, how we are viewed is in the hands of those unfamiliar to our culture. The shape how the manner in which the world perceives us along with how we perceive ourselves.”



Dr. Leonard Jefferies

Reggae

by Calvert Warren

It was only in the last decade that a world accustomed to rock and roll, rhythm and blues and other types of pop music suddenly woke up and "discovered" a new music force emanating from the Caribbean nation of Jamaica.

Born on the media hype and excessive spending of some recording executive, this new sound burst forth and was labelled as the "new sound" sound for the seventies. The music was sold with an image created by the "dread-locked" Reggae King, Bob Marley. People were more attracted to the image rather than the music, thus Reggae never realized all the hopes of its supporters.

People quickly forgot about this new sound save for a few die hard fanatics. The music, though not dead, was mourned by some as a sort of overnight thing. Beneath it though there lies a three decade period of evolution and progressions.

Like all principally Black music idioms, Reggae had its beginnings in the slavery experience. Just like North American Blacks of this generation, Jamaican and other Caribbean Blacks are the progeny of transported African slaves. Common to both are the ubiquitous negro spirituals which led to Blues, Jazz and Swing.

however, you had to pay an admission fee, and you weren't going to pay to hear just any old sound. The producers caught onto this and the competition was fierce.

The thing was to have the best music, and naturally since all the producers used the same bunch of musicians, the crowd puller would have to be originality. This rivalry spawned what most would agree to be the most technically creative periods in Jamaican musical history.

In all this rivalry some minds were working; then around 1965 a new sound hit the airwaves. It was called Rock Steady. It was, however, just a transition from the faster-paced Ska. Come the end of the decade and further improvisation and we had Reggae.

The nucleus of the music laid heavily on the drums and bass, and had a slow, throbbing beat. The unorthodox stylings and "on-off" timing has made it the bane of many foreign musicians un-schooled in its intricacies.

In 1970 the music took the world by a storm, created by the media enmeshed in a flurry of Rastafarian philosophy and little emphasis on the music. The type of music offered on the foreign market was actually a watered-down version of the real thing. Other complications arose be-



Reggae is the product of improvisations made on "borrowed" North American music. The trend began in the fifties when Jamaican recording producers, faced with the unavailability of American pop recordings, hired local musicians to make versions of these.

What resulted was a strange mixture of the then popular Jamaican sound, Mento, with the then American sound, Boogie Woogie. This new sound was dubbed Ska.

The joyous new sound filled every juke box and dance hall throughout the island in the fifties and sixties. The most familiar exponents of this form were the Skatalites, a group of basically jazz musicians who ruled the roost, virtually, in Jamaican music for almost a decade.

The direction the music was to take, however, was determined not by the musicians but by the record producers. Each major recording studio (there were about four) had a mobile disco that was hired out for parties. To hear them play,

cause of the unique Jamaican dialect used in lyrics.

While the foreign market got overdoses of sweetened Reggae, the real thing was undergoing further drastic changes both creatively and technically at home. The direction of the sound was still in the hands of the record producers, and any Reggae connoisseur could readily tell which studio a particular song originated from, as each producer still maintained a certain flavor by keeping the same studio band from session.

New life was coming to the music and new stylists were emerging. The musicians that really affected the music's direction, however, were the bassist and the drummer, the all-important rhythm section. Then up from Reggae came this new sound, the result of progressions and improvisations based on the stylings of the "Dynamic Duo" of Reggae, Sly Dunbar and Robbie Shakespeare, drummer and bassist supreme, the sound "Rockers."



Caribbean Students

by Devon Levers

The Caribbean Students Association of City College is comprised of students from the entire Caribbean region. The members are from both the Day and Evening divisions of the College.

The Association holds general meetings every week on Thursdays from 12-2 p.m., in a room to be announced. It is important that these meetings be attended since this time is used to discuss and solve problems affecting us as an African People on campus. These meetings are also used to plan cultural, educational, political, and social issues. Executive meetings are held two times weekly and any member is welcome to attend.

It is the aim of this Association to bring not only Caribbean students, but all Africans, in closer contact with each other; in so doing we hope to exchange cultural, educational, political and social information.

As Africans it should be the goal intended to advance culture within every aspect of our framework. Every member should hold it his or her personal objective to enlighten their brothers and sisters both educationally and culturally.

In the reverence of pleasure, social activities include sporting events, parties, bus rides, etc. We have an African dance troupe, a Reggae dance group, a socca dance troupe, a soccer team and a volleyball team. The Association publishes a newsletter every month and urges all members to submit articles. A Caribbean exposition is presented once a year where all members actively take part.

As an African People we hope to work together in the unity needed towards the success of our race. Thus as the year begins and ends we hope to have achieved the positive goals as was intended.

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Health Foods Interesting Phenomenon

by Winston Smith

The seventies have seen a change in the dietary habits of America. The advent of health foods seems to be a viable alternative for "junk food." The advent of health food or "eating healthy" has spread to all aspects of American life.

Dick Gregory, in his book *A Guide to Mother Natures*, guides to a healthy way of living. He outlines a secret formula that can provide the necessary nutrients for thirty-six cents per day. This formula has caused several developing countries to approach Gregory with offers of millions of dollars. He is, however, hesitant to sell because they might exploit it. Gregory, a fruitarian, eats only uncooked foods.

The philosophy behind health foods is interesting. In 1978, Gregory was able to run from California to New York in three months, without one ounce of cooked or solid food. This was to show the plight of the two and a half billion poor people of the world.

The difference between a vegetarian and a fruitarian is that fruits, seaweeds, vegetables and all natural foods are eaten by the fruitarian uncooked, while the vegetarian cooks his food.

Many health food vendors can be found on College campuses across the country. They, unlike the frank and soda merchants, have a completely different approach to the question of health. Incorporated with the ideology of health, food is the spiritual cleanliness by purification of the system.

I spoke to three health food vendors on City College about the philosophy. Joan, American born, preferred to be called African; Carlo, Panamanian by birth, African origin; Arvis, also of African origin.

While Carlo admits there are monetary reasons for selling health foods, he says that that is his way of sharing with people the new and cleaner way of living. Red meat contains poison and should not be eaten. It provides worms in the system and makes people more aggressive.

Being a vegetarian for five years has changed his metabolism, resulted in a loss of stress, and has made him less aggressive. He sights the cases of students, who after changing diets, found it easier to study under pressure while they retained what they learned much easier. Carlo listed several scientific studies that proved him right. People being accustomed to the sight of blood in red meat are psychologically affected—this comes out in fight.

The objective of this new philosophy of

vegetarianism is to see life in a natural vibration by coming closer to nature to achieve perfection of spirit and body. Also inherent is the philosophy that good and evil are states of the mind dictated to a large extent by diet.

Arvis is a fruitarian and has a more religious view. He eats no processed food, no chemicals or additives. He believes that food should be eaten live! To cook food is to kill it. He quotes Genesis where it is stated "Behold I have given you all the herb bearing trees and seed yielded, and they shall be your meat." He says that salt dries out the body, and sugar causes many diseases.

These brothers have a Center called "The New Life Center of Holistic Health," located at 129 W. 120th Street. They teach meditation, yogi, African dances, taichi-chaun (a self-defense art of balancing the body through exercises and meditation). Food is sold in order to make money to open a center in the Harlem Community to teach this new way of life to kids whom they see as "tomorrow's generation."

The food available on Campus is at the health food stand located in front of the Science Building. Vegetables in a packet; whole wheat bread made without shortening; bee pollen rich in Vitamin B and iron, are a few of the many foods available at the stand.



Your Health: the Check-Up

by Avery L. Moon

Sometimes the most ignored aspect of our lives is our health. This is primarily because we feel that we're basically healthy and very seldom do we have a routine physical checkup.

It would seem, since we live in a smog-filled, pollution-industrialized city, that our health would be the foremost thing in our mind but it sometimes isn't. This, of course, is not true of all people, for some carefully watch their health. It's important that we keep constant contact with our doctors—that is, a routine physical check-up is mandatory. Our doctor should be seen at least twice a year.

Our attitude has a lot to do with our health. In order for a physician to help us stay well, he must have our cooperation. A doctor can try to educate us in the prevention of disease, but unless we take it upon ourselves to use the method taught, we won't be able to overcome the dangers of illness.

A physical check-up entails a complete examination from head to toe, every part of the body. If a physician is unwilling to do this for some reason or another, or suggests that it might not be necessary, perhaps it is time for the individual to look elsewhere for a new physician.

Most people, and it is easy to assume young people, are naturally healthy, and that therefore only older people need the benefit of a health consultation. While it is true that the serious diseases do become manifest in later life, even these may have had their beginning years before they cause any symptoms. Teens have special health problems. It is during the teen years that problems of nutrition often become acute. It is also during these years that growth is more rapid and the demands are greatest for sufficient vitamins and minerals in the diet.

There are many reasons why people hesitate to have a periodic health check-up. Some people are naturally fatalistic and think,

"whatever will be, will be." They are unaware, however, that many people are stricken with poor health even in the prime of life. They cling to the belief that "it can't happen to me."

Another reason for hesitation is because of the expense. Many physicians charge fees that are \$45 or more. Many people have complained that after getting the bill from the doctor, all he said was that they were "disgustingly healthy." This person, however, will think nothing of having a car serviced, and will probably end up paying much more. From a business standpoint, this is money well spent to keep the car running. Why should we then compromise concerning our health?

Our health is one of our most valuable assets. Let's spend it wisely so in return we'll be rewarded with years of happiness and fulfillment.

Keep smiling!



Poetry—

The Women Speak

Finley Cassanova

Here comes Mr. C. From Finley
Just as fine and cool
As he wants to be
Turning every girl's head
Turning every guy's face red
Stopping women in their track
Causing some to look back

Here comes Mr. C.
Strutting, striding with ease
To tease
To please
Dont you know he got his eyes on me
Honey!
I know what's behind that Boastful walk and
That sweet talk
Strutting like the prettiest Peacock
He better not mess with me
'Cause If I ruffle his feathers
And they fall out
I will find, none other than a
"Turkey"
On his regular disguising Bout.



A Confession to Papi

HAD BEEN SIX LONG YEARS SINCE I LAST SAW YOU.
HAD TO SEE HOW THE OTHER HALF THAT MADE ME LOOKED LIKE.
HAD BEEN LISTENING TO JOSÉ SING, AND THOSE BLUES GOT
TO ME, THOSE CHILDHOOD BLUES OF NEEDING TO SIT ON
PAPIES LAP LIKE WE USE TO, REMEMBER?

HOW PROUD I WAS TO WALK EVEN JUST A LITTLE WAYS OUT
INTO THE PROJECTS SO EVERYONE COULD SEE I REALLY
HAD A FATHER. AND HOW FINE HE WAS, NO ONE HAD A PAPI
LIKE MINE.



HAD TO GET DRESSED FINE TO SHOW PAPI THAT THE
DAUGHTER HE HELPED CREATE WAS FIT TO BE A FUENTES,
SO I PARADED MYSELF TO EL BARRIO TO SEE PAPI.

PAPI, I'M NOT MAD THAT YOU LEFT US, BUT HOW JEALOUS
I AM THAT YOU HAVE GIVEN YOUR TIME AND LOVE TO
OTHERS WHO ARE NOT YOUR BLOOD.

AS YOU WALKED ME TO THE BUS STOP I COULD SENSE YOU
WANTED TO SAY MUCH MORE. I UNDERSTAND BECAUSE I'M
A WOMAN NOW.

YOU THREW YOUR ARMS AROUND ME, REASURED ME OF A LOVE
I HAD BEEN IN NEED OF FOR SO MANY YEARS.
I WANTED TO WHISPER SOME WORDS IN YOUR EAR BUTY THE
BUS DRIVER MIGHT HAVE HEARD. SO ALL I SAID WAS
TAKE CARE.

—Mercedes Fuentes

Ain't It Strange

By Angela Brown

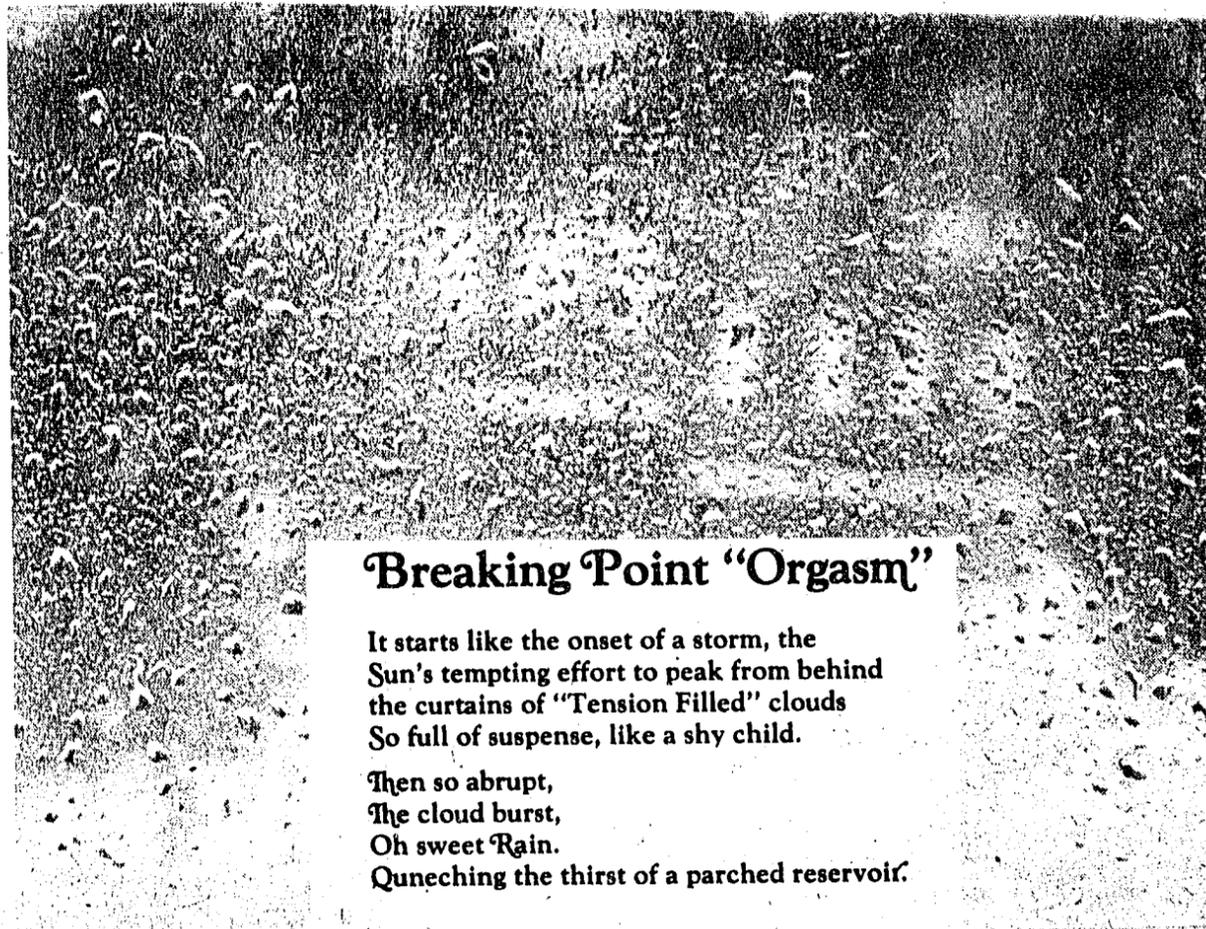
Ain't it strange,
How love and friendship comes in disguise and hurt,
Deceit always hidden in their shadows.

Ain't it strange,
How they point their poisonous swords at the heart
Then rips, tears, dissect it's every valve, then
Flees with a piece in pure gratification.

Ain't it strange,
How it leaves an organ broken, bleeding, entombed
with bitterness,
Oh how it leaves the linings of the stomach, gutted
By anger, burning like the flames of the devil's pit,

Ain't it strange,
How it destroys beauty and seeps ugliness, uncover scorn,
Disgust, "Pure Contempt"
How it causes "Tears of Regret,"
Realization of one's participation of ugliness and like
A blind-fool was unable to perceive it, before it had
Struck

But moreover, ain't it strange,
How after one has grown, one allows the same catastrophe
To occur repeatedly, ravaging, reopening the wounds,
The wounds, that had not healed to "Total Perfection."



Breaking Point "Orgasm"

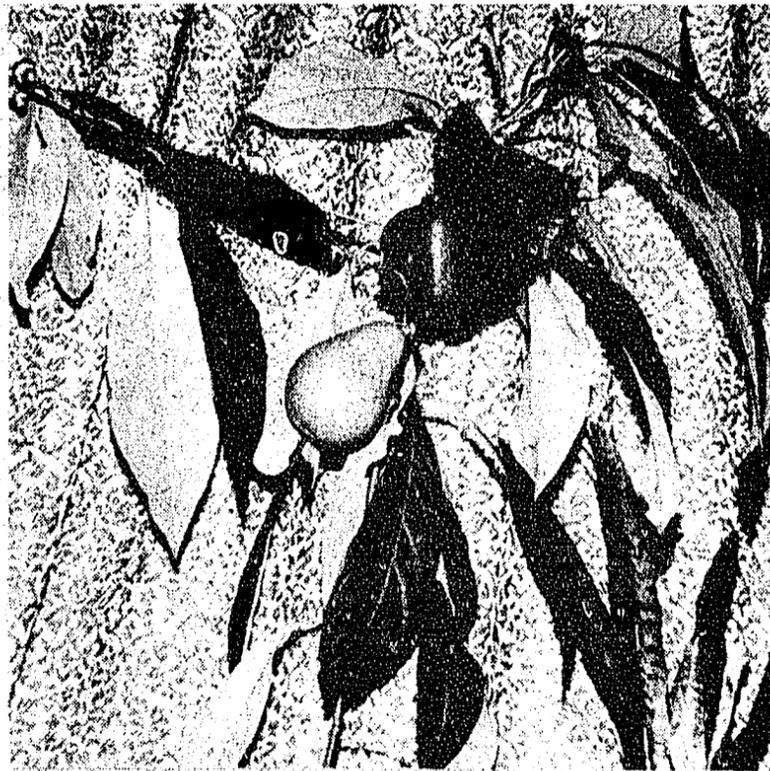
It starts like the onset of a storm, the
Sun's tempting effort to peak from behind
the curtains of "Tension Filled" clouds
So full of suspense, like a shy child.

Then so abrupt,
The cloud burst,
Oh sweet Rain,
Quenching the thirst of a parched reservoir.

WISHING

By Angela Brown

If only I could be the grapes, that bear so fruitful
To satisfy your thirst,
My love
The glass you caress with your lips
suck so——sweet
If only I could be the sheet, that touch
your ebony frame
So satiny soft——warm
But, If only I could stop dreaming



Feel Me

I am here
Feel my presence
Feel my need, to have you
my need to love you
Feel my touch
Touch me
But oh, be careful
I am elusive
I might vanish, leaving you
The saddened air of my existence.

—Angela Brown

SPORTS

by Garry Predestin

Visiting two good teams last week, CCNY soccer team had lucks to end the losing streaks since their victory against York College.

They had lost a game of their own against Mercy College on Thursday by a score of 4-2 and tied C.W. Post 3-3 Saturday. That left them with a 4-5-2 won-lost-tied record.

Mercy had not been an easy contestant but they trailed 1-0 for most part of the game. They had played outstanding soccer. However, it was hard to penetrate City's defense. They had their first chance to tie the game beginning second half in an unintentional hand ball in the penalty area from Beaver's David Davis. The penalty kick went wide open by the goal line.

Losing that opportunity Mercy kept dominating consistently and skillfully until they reached their objection. In less than thirty minutes left to play they scored four goals to win the game over CCNY.

Unassistedly, left winger Naudin Pierrelouis scored City's first goal. He was last year's top scorer. This year, due to injuries he missed most of the contest. This goal was only his second of the season.

"We have a good team," Pierrelouis said, "but we need to have a steady defense line so that when our goalie has to communicate with the defenders there would be no problem."

More important, the team spirit remained still even though beating the opponent became like an illusion for City. Finally, Mercy's defense gave up a penalty kick which

was taken by Tomazo Papachrustou with four minutes left to play in the game.

"The team is better than last year," Papachristow said, "however our players are too fancy in their play this year. We got to concentrate in what the game means to us which is winning."

At C.W. Post on Saturday afternoon the team became more ambitious to stop that losing business. Everyone could not stand it anymore, especially both Coach Guz Naclerio and team manager Sam Farrel. They both had a long talk with the team in the locker room.

"We are better than most of the team that we play," the coach of two years stated, "but we just lack of togetherness lately."

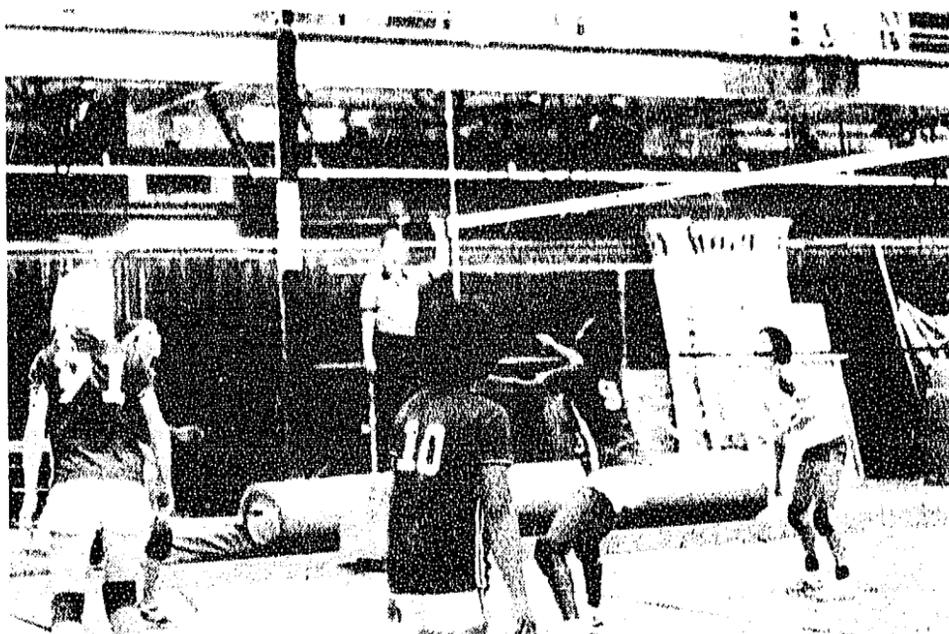
Naclerio went on to point out that most of the players do not come to practice regularly which is the main reason they usually give up in the second half.

Manager Sam Farrel also pointed out that the team is lack of cohesion and there is a psychological gap between them.

So, City was leading C.W. Post 1-0 in a goal by Muhammed Lukumanu assisted by Alejandro Rodriguez. However, Post tied it up with three minutes left to extend the game in a twenty minutes overtime.

Post scored two more goals in third quarter.

For the first time ever this year City came back to tie an opponent team. They scored two goals in the last quarter. Alejandro Rodriguez scored the second goal and Zepada Herberth the tying one.



by Garry Predestin

Two weeks ago, the CCNY Volleyball team began their season with an even record. They defeated Pratt Institute and lost against Suffolk Community College.

Last Friday evening the Beaverettes returned to the court at Wingate-gym to lose two consecutive games. St. Francis College beat them 15-6, 9-15 and 15-13 in the first match and Brooklyn 15-0, 10-15, and 15-0 in the second.

The women displayed that they were capable of competing against more experienced teams by tying both schools in second sets. However, they declined to win their third sets on two occasions.

"They are going to be very competitive," the first year Coach stated, "and all of them will learn a lot before the season ends."

Congregane continued on to say, like many other sports volleyball is a collective game. In addition, you cannot count on one or two in-

dividual skills. The team has to perform as a unit and it is his responsibilities with the help of the players to achieve that goal.

The main difficulty the volley team faced this year is that the majority of them are newcomers. In fact, it will take time before they can play as a unit. However, they are confident that they can defeat better teams to exceed last year's record.

Only three players returned from last year's list to join the women. Those are Lucia Vargas, Delilah Gorna and Captain Jona Lubin.

"The team is better this year as compared to last year," said Jana, "and most teams will be surprised of what we can do this year."

Hence, the spikers will not give up and they are all willing to go on with Congregane.

"If we keep it up and practice regularly we will do fine," veteran Gorna stated. "Really, our school never had such a good team before."

SPORTS SHORTS

Women's Basketball tryouts will continue until Friday, October 24th in the Nat Holman Gym from 4:00 to 6:00.

The CCNY Soccer team finishes their 1980 season with games on: the 25th against Queens, the 29th against John Jay, the 1st of November against Hunter, and the regular season finale on the road the 5th of November against Brooklyn.

The Women's Volleyball season continues with games on the road against Baruch the 22nd of October, USMMA the 25th of Octo-

ber, the 27th of October against a combined team of Queens/Medgar Evers, and return home against Pace the 6th of November.

WCCR will be sponsoring a Disco in the Honor of All Athletes here at CCNY, Thursday, November 13th in Finley's Bottenweiser Lounge beginning at 12:00. WCCR will also sponsor the "Pep Rally" for the Morgan State/CCNY Basketball game, Thursday, November 20th, also in Bottenweiser Lounge.

New Basketball Coach

by Larry Hardesty

Charles Jackson has been appointed Assistant Basketball coach at CCNY by Athletic Director Richard Zerneck.

Jackson, former head basketball coach at Hunter College, replaces Willie Hall who served as Junior Varsity Coach here at CCNY for 2 years.

In a recent interview, varsity basketball coach Floyd Lane was quite pleased at Jackson's appointment. Layne says, "Jackson's a welcome addition to our basketball program here at CCNY. His record at Hunter speaks for itself." Layne continued, "He is very strong in the area of recruitment and our goal is to step-up our program and to visit Division I and II schools such as: Western Kentucky, Youngstown State, Seton Hall, University of Maine, St. Bonaventure, Harvard and Colgate, to name a few."

Layne stressed that he was "very pleased" with Willie Hall's performance in teaching the players fundamentals and the development of players like Michael Richardson and Colin Miller last season. However, Hall's full-time job prohibited his availability to coach the team this season.

Jackson, in a recent phone interview, said he "could not wait to get started." His job will entail assisting coach Layne in scouting various teams and players. Jackson feels working with coach Layne is a learning experience and believes he can help the program here at CCNY.

His goals are to lead the Junior Beavers to the finals of the CUNY Tournament. "We



Charles Jackson

have to win the first game of the tournament and take it from there," said Jackson. The new J.V. coach hopes to develop players that can help the varsity team and keep his team winning when these players advance to the varsity squad.

At Hunter College, Charles Jackson compiled a 58 and 65 record over 5 years as head coach. Last season, his team lost to the Beavers after defeating the 1979-Champion Staten Island Dolphins in the semi-final round.

"I hope I can be a part of a CUNY Championship team here," said Jackson, who coached the New Rochelle Boys Club to the championship in the summer Pro-League at Xavier High School.

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