

The Paper

Be not afraid to
the change of ball
in history
And look out on the world
And wonder
What we've done
In the face of
What we've done

Langston Hughes

the Medium For People of African Descent

Volume 62

October 2004 Issue

No.1

By Gregory Smiley

The Black and Latino community is facing an unprecedented crisis. We are unaware of their voting power. This is the most critical election in history, especially since many of America's constitutional rights are being challenged. Also critical, is the fight against terrorism, which requires great leadership. In the past, Blacks and Latinos, ranging from 18 thru 24 have not always registered to vote, and even when eligible, statistics show that their participation was low. As a majority, we can implement a change in this trend.

With the power of our vote, we can make our representatives address the issues that affect our communities. We have to have a presence at those voting booths.

The Democrats and Republicans are now realizing that Black and Latinos are a growing group in the United States, who probably will participate in this current election. Both parties are campaigning in colleges and in our communities, with hopes of courting this potentially large group of voters for this up-coming election.

Let's take control of our lives, community and become more involved with our government. GO OUT AND VOTE! So much rests on our participation.

It is our responsibility to teach our people why voting is necessary.

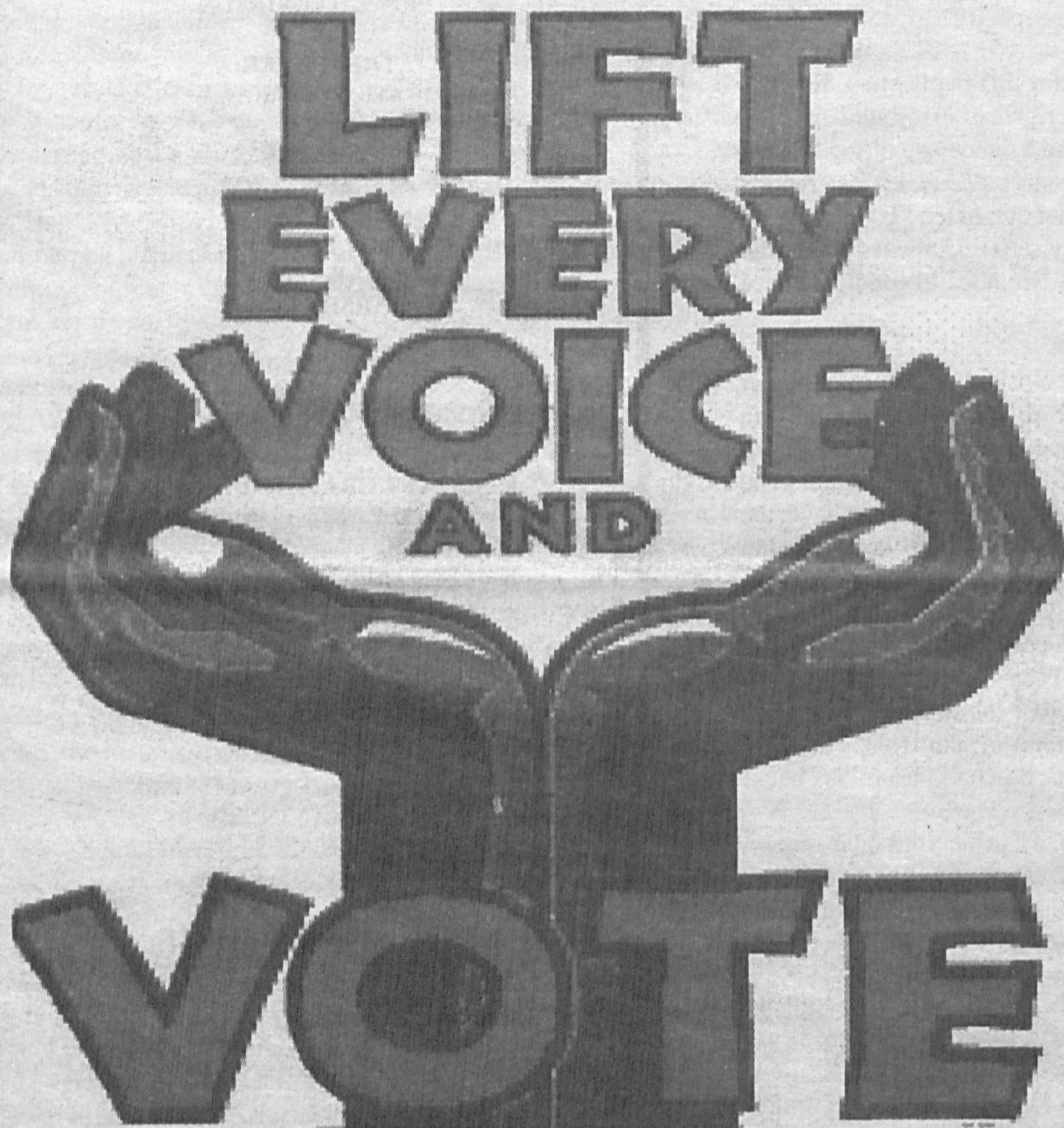


IMAGE BY: Black Leadership Forum

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LETTER FROM THE EDITOR

Welcome.

With the start of each semester there are usually gradual editorial shifts in staff, but this semester practically everyone at *The Paper* is new, except for Atiq Johnson and me, a returning member.

The former members of The Paper have moved on to other endeavors. We wish them all well and *The Paper* remains their home.

As the baton passes from one hand to the next, the mission continues. That mission is to report about relevant events happening both on and off campus, that affect us and the communities we reside in directly. *The Paper* is a medium for all students, but most significantly, it is a voice of people of African Descent.

I feel excited and proud about being the editor for this publication, for *The Paper* has a rich history, and has advocated for the rights of many students. *The Paper's* cast has the right qualities to provide fair and balanced reporting. We are not radicals, but we are willing to report serious events. *The Paper* also reports good news; however, lately it seems as if there is not that much "good news" to report. The truth of the matter is, "bad news" really sells and always makes the headlines. With so much drama in the world today, we hope to counterbalance those shocking events with other issues as well.

Terrorism, war and death have been the most prevailing types of headlines. These days it's unwise to be left in the dark. Not paying attention to the news can make all the difference between being informed or uninformed; guided or misguided. This is an important time. The outcome of this presidential election will determine so much about the future of the world, the future of *our* world. Therefore, I will be exercising my John Kerry voting right, and I hope that a lot of other people join in.

Here at City College, the news is a bit lighter. For starters, the NAC Rotunda and the Marshak Building have been remodeled with an airport lounge feel. The bathrooms in the NAC lobby have also been remodeled. Also, several of the elevators in the NAC building are sporting a new interior; and lastly, our baseball team is back!

CCNY houses over 150 clubs here on campus, so, whatever your interests are, you should be able to find a club that suits your interest. Another great resource for your exploration is CCNY's website. It's a valuable resource that informs about many of the events and services our college provides.

There is so much happening both on and off campus, so if you see news happening, let us know. If you have story ideas, comment or questions, please feel free to contact us at 212 650 5081, or email: ThePaper@CCNY.CUNY.EDU We are located in room 1/118 in the NAC building. Reporting the news requires diligence, ethics, contacts, relationships and you the public. Get involved with your school.

Big up y'all.

ErnestoJohnson@yahoo.com

My responsibilities are to do the best work I can do and be the best human being I can be....

Toni Morrison

THE PAPER

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Is The Student Government Working For You ?

At the end of each spring semester undergraduate students of CCONY are greeted with flyers and other devices, that suggests the group of students who have formed parties to run for the Undergraduate Student Government. But what is their purpose? Are they just another bureaucratic element of individuals, who campaign to be elected, then once voted in disappear? This new USG has vowed to be different, and the current president, Redeemer "Reskq" Amedzekor, stated that one of his major goals is to bring recognition to USG. He plans on doing this by fostering more interaction with the student body. The main initiatives for USG are: Student space, rousing school spirit. Also, he plans on interacting more with faculty and administration.

This semester, the most pressing issue has been about the return of the student lounge, which has been temporarily replaced due to renovations being made to the Admissions Department. By the close of this semester, Dr. Cronholm, who is the Chief Operating Officer (COO) stated that the student lounge is scheduled to return. The new student lounge will include sofas, computers, television area, study area and a performance area. Other initiatives discussed were about more lounge areas. So far, one of the designated areas is the Rotunda.

The President of USG has indicated that this is just the beginning of the effectiveness for his cabinet, and that it is "all part of the good to enhance school spirit." "Reskq" stated that this was just one of his many initiatives for his term in office, commenting on the imperativeness of USG cohesion; to better serve the students, and encourage involvement in committees that affects students. Other issues to

be addressed are: surveillance cameras in the first lobby, the Cafeteria, Baskerville's club space, Library hours and the Technology Fee allocations.

Along with the above stated themes for student orientation, comes one of the pivotal cornerstones: Club Policy on chartering/registering a club. As stated in the proposal introduced by Seth Cutler, Vice President of Campus affairs, "no club will be denied the ability to operate and organize on campus," and all clubs that are registered will be recognized by USG. Seth's proposal also indicates that the number of clubs has increased, but the amount of money that is in the USG's budget has remained the same. Clubs are strongly recommended to apply for ACE (the Auxiliary Enterprises Corporation) funding and encouraged to fund-raise for extra revenue. Mr. Cutler also indicted that clubs who seek funding must adhere to specific guidelines. This information can be obtained at the Finley Center.

USG has already started in the implementation of all above projects to enhance student life on campus. Other initiatives that are ahead: Harleemween, which will be held at the end of October for the community, under the supervision of Valerie Alcena, Vice President of Community Affairs. Also, a book drive for students in Rwanda, under the supervision of Piaget. All book donations are welcome; however specific academic books such as biology, engineering, accounting and math are greatly needed. Books can be dropped off in the NAC room 1/111.

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Congrats, Mrs. Thornton

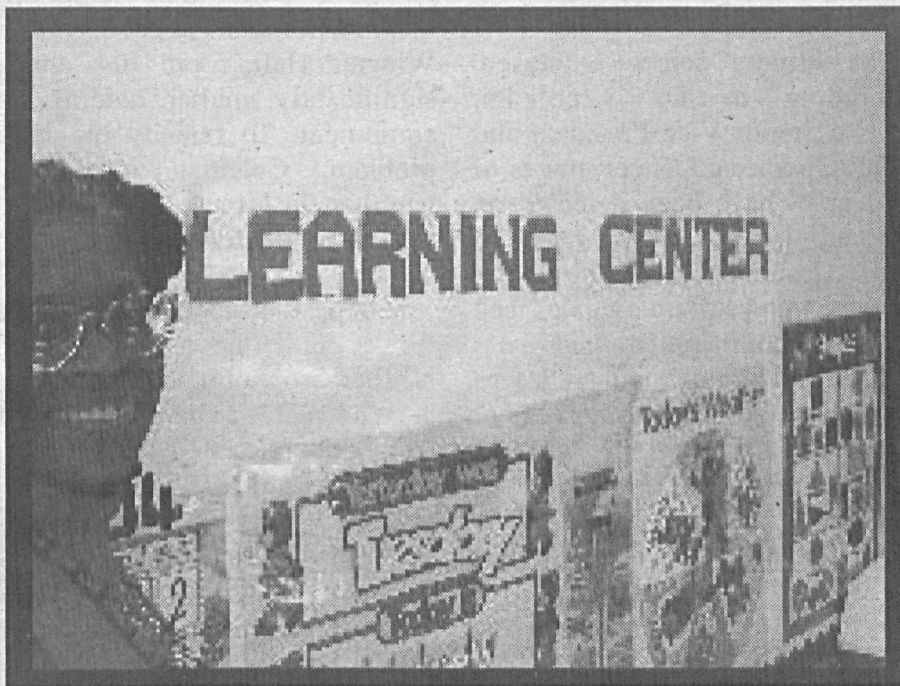


PHOTO by Jerry

By Ernesto Johnson

The Paper would like to congratulate LaTrella Thornton, Director of City College Child Care Development and Family Services Center, on her recent appointment as President Elect for the National Coalition for Campus Children's Centers. Her appointment will be effective March 2005. The National Coalition for Campus Children's Center provides teaching and research in programs for young children in communities of higher education.

The Child Care Development Center provides early childcare and educational services for students of City College who have children. The program focuses on the positive development of children, thru programs such as literature, science, music, language, block building, woodworking, math, and language arts. The Center focuses on not only scholastic endeavors, but it ensures that each child is creatively enriched and well rounded.

The Center doubles as a field placement site for several disciplines, such as the School of Education, Psychology,

Sociology, and the Sophie Davis School. She also plans to include the architectural Department as another academic site so they can be more attuned to the structural needs for children's environment.

Ms. Thornton's involvement with this organization dates back to 1997. Since then, she has accentuated the program, by merging scholastic aspects with creative ones and this has won her national attention.

Ms. Thornton said that she is grateful for the recognition the program has received because, "It brings recognition to the college," and it allows her to see her worth. Ms. Thornton stated, "Serving on other college communities has given me the experience and opportunity required to do my job here and the national arena." She's grateful for the college's support, for without them, none of this would be possible.

For more information about the Child Development and Family Services, please contact their office at (212) 650-8207.

The Gym Is Closed

By Atiq Johnson

The Fitness center is closed. According to Dr. Cronholm, CCNY Senior Vice President and Chief Operating Officer, traces of lead paint have been detected on the ceiling, and flaking onto the floor. Cronholm told The Paper that she knows of no cases of lead poisoning contracted in the Fitness Center. Cronholm stated, "I was advised that it probably would not be a serious health threat to allow our students to use the Center as is, but I prefer to come out on the extra careful side on this issue."

When The Paper contacted Mr. Coleman, the Director of Athletics, he could not tell us when the Fitness Center will be reopened, but he informed us that they will be moving some of the fitness equipment from the 3rd floor,

to room 1/104. The temporary location for the Fitness Center is Wingate Hall, room 104, and is significantly smaller, holding less equipment. To remedy the latter problem, Coleman intends to lengthen the Fitness Center's hours to accommodate more users.

The temporary location will open for use sometime in October. Neither Cronholm nor Coleman have been able to give a projected date of completion, but they will keep us posted.

The Admissions Office will close its NAC location on Thursday, October 21, and will reopen in its new location, Room 101, Administration Bldg., on Monday October 25.

The Writing Center

by Akiel Catwell

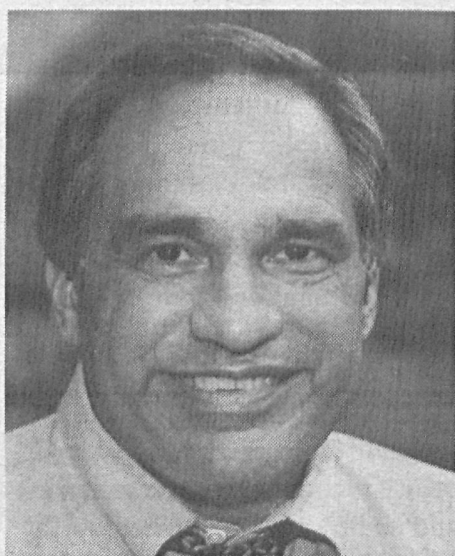
For those that need help with writing papers, look no further than The Samuel Rudin Academic Resource Center. The new facility is located on the third floor of the Cohen Library--North Academic Building (NAC).

This new space is bigger, has more staff members and is equipped with the latest in technology and resources. It houses 55 computers, an expanded library, and an interactive whiteboard called Plato which helps with everything from word usage and punctuation, to the complexities of sentence form, identification, and grammatical construction.

The 33 Consultants, most of whom have either their Bachelors or Masters Degrees, are all trained, qualified and ready to assist. Not only is this the place to go for help with your papers, but it's also where you can register for the preparatory classes for the CUNY Proficiency Exam (CPE).

Nicola Blake, Director of the Center, is excited about the direction in which the center is heading. The center has had positive results and students are receiving better grades. Last year, more than 1800 students received individual tutoring and over 6000 students made use of the center.

My Arrest at Baruch



by Professor William Crain

On June 22, I attempted to enter our university's Baruch campus, showing my City College ID to the security officer at the front desk. Others had told me what to expect. "Do you have an appointment?" the security officer asked. "No," I said, "I'm a CUNY faculty member, and I just want to visit the cafeteria and look around." He refused to let me enter. I had to have "legitimate business" at Baruch, an appointment that he could phone to verify. I then went under the turnstile and was arrested and handcuffed.

I had not gone to Baruch alone. Four colleagues from various

CUNY campuses (including Tasha Prosper from City College) had joined me for support. They also believed the Baruch policy was wrong, and they were dismayed to observe my arrest.

Many people, particularly people outside the universities, have asked me why we were so upset by Baruch's policy. Why didn't we just let Baruch handle visitors the way it wanted? Indeed, in the aftermath of 9/11, wasn't Baruch correct to be extra strict?

But college professors often think a bit differently. Most of us believe that academic settings should be free and open. This conviction is part of our historical tradition, and even after 9/11, we hold on to it. Indeed, some of us believe that in today's world, in which Constitutional rights are threatened, universities have a special obligation to lead the defense of a free and open society.

After the CUNY peace officers arrested me, they took me to the local precinct. They filed unusually severe charges against me. One of the charges, 'Resisting Arrest', made no sense, but the charges guaranteed that I would

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MENTION IT!



By Kwasi Kessie

This Hurricane season is more like a disaster that has no end in sight. With Hurricane Jeanne reeking havoc on Florida, this hurricane season seems far from over.

Jeanne is the fourth storm in only six weeks. There hasn't been this many hurricanes in this short amount of time since the 1960s. To be labeled a hurricane, the cyclone must reach winds in excess of 74 miles an hour. Hurricane season last from June 30th thru November 30th. Hurricanes measurements are based on the Saffir-Simpson Hurricane Scale. This scale measures hurricanes based on wind speed, on a scale from one to five. A hurricane category one has winds between 74 and 95 mile per hour winds. A category two hurricane has winds between 96 and 110 mph. A category three has winds between 111 and 130mph. A category four hurricane has winds between 131 and 155 mph, and a category five hurricane has winds which are greater than 155 mph. The deadliest hurricane in U.S. history was a category four that hit Galveston Texas in 1900 and killed over 8,000 people.

Jeanne is a category three hurricane and will whip up winds of up to 120 mile per hour. Hurricane Frances, a previous hurricane was also a category three hurricane. Frances left a sloth of devastation with 18 deaths in Georgia and Florida, only three weeks ago. Hurricane Charley a category 4 hurricane hit Florida on August 3rd. Ivan hit only two weeks ago. Florida is the second state in more than a century to be hit by four hurricanes in one season, the first being Texas. The previous hurricanes have caused 70 deaths, and caused billions of dollars in the U.S. alone.

Florida was hard hit by hurricane Jeanne's pounding winds. Hurricane Jeanne had an amazing 400 mile diameter, along with its 120 mile per hour winds, resulting in the deaths of 6 people. Jeanne has left over 1.5 million homes and business without power in Florida. Downed power lines and ravaged homes are the images seen in places like Vero Beach, Florida.

Also effected by hurricane Jeanne, is Georgia, Vermont, and the Carolinas. Many Caribbean countries have also been affected by Jeanne, such as Grenada, Dominican Republic, Jamaica,

Puerto Rico and Haiti. Recently Haiti has been hardest hit by hurricane Jeanne. Sparking mud slides that have killed over 1,200 people. Over 1,100 people are missing and presumed dead. An estimated 300,000 Haitians are now homeless.

Two million residents were urged to evacuate their homes, and head to shelters to be safe from hurricane Jeanne. Many residents decided to wait it out in their homes. Residents in the hurricane's potential path should have food and water to survive for a minimum of 72 hours, a battery operated radio, flashlights and batteries.

There are some preventive measures that can be taken, so that homes are more secure during a hurricane. Storm shutters are an easy way to prevent windows from breaking; also, removing loose objects from around the house, that could be potentially harmful.

A more cost-effective way to wind-proof your home, is to put temporary plywood at the windows. Another way to protect your home, is

There are many relief efforts that have been taken by the Federal Emergency Management

Agency (FEMA.) They will be providing federal funding to those counties in Florida hardest hit by Jeanne.

With two months left in the hurricane season, one can only hope that Jeanne was the last of the hurricanes. With rebuilding efforts in Florida now under way, many homes will have to be rebuilt. This hurricane season will definitely be one for the ages.

The Red Cross
has a hotline

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Editorials

Kobe's Canary Complex

Kobe Bryant has diarrhea of the mouth. While he was in police custody, he apparently rattled off to detectives about former teammate Shaquille O'Neal's sexual escapades, stating that he "should have done what Shaq does." According to a detective's confidential report, obtained by the Los Angeles Times, Bryant reported that Shaq would pay \$1 million dollars in hush moneys to sex partners.

Kobe just recently dodged a possible life prison term after a hotel worker accused him of raping her in a hotel room. He allegedly asked her, "You're not going to tell anyone about this, are you?" The criminal case was dropped and civil charges have been filed. In the mean time statements he made to the LAPD about Shaq are being made public, and now Kobe may be learning that "Loose lips sink ships."

Now Shaq's walking around with a knife wedged in his back, and he's not happy.

"I never hang out with Kobe...in the seven or eight years we were together (on the L.A. Lakers) Shaq said.

They say misery loves company, but I think we all were expecting a little more from Kobe.

M. Lewis



Martha, Martha Martha!

All prison inmates should be so lucky.

Martha Stewart's new home as of October 8, will be Alderson, a West Virginian prison camp nick-named "Camp Cup-Cakes". She'll be bunking in the luxurious accommodations of a 95-acre facility, where she will be allowed to bring a pair of earrings worth less than \$100, her social security card, a small amount of cash and a religious item approved by the warden. Some of the past inhabitants include Sara Jane Moore, and Lynette "Squeaky" Fromme, two women who were convicted of trying to kill President Ford. She will bunk in a dormitory-sized room that houses

between 26 and 90 inmates per room. Each day, she will rise at 6am, and work for most of her time, making anywhere from 12-40 cents per hour, at her pick of jobs: sanitation and food services, or ground maintenance.

Poor Martha. She has to go to jail for five months, to serve a term that black domestic diva B. Smith may have gotten 20 years for. Stewart and former stockbroker Peter Bacanovic were convicted in March, of lying to federal investigators, about why Stewart sold 3,928 shares of IMClone Systems Inc. stock in December 2001. Whatever will become of these stocks in this millionaire-celebrity's billion-

dollar company?

In a statement, Stewart repeated that she had hoped to be imprisoned closer to her family. I'm sure that the 4 million prisoners denied the right to vote, wish that they too, had the right to ask for a prison site near their families and lawyers. I'm sure they sympathize with her plight.

Some people feel sorry for Martha, 'cause all she did was tell a little white lie. I grew up, with my mom telling me "a liar is a thief, and a thief is a murderer." Might sound a little extreme, but there is something to be said, for being raised with common morals. As rich as this woman is, why would

she have to lie and cheat, to make more money? Should it be okay for her to get away with stuff, because she can make a mean cheese cake?

I'm sure five months of sharing a living space with other incarcerated women won't be so bad. She can always pay another inmate to make up her bed, and take over her domestic duties, while detained. Her stocks shot up, when it was announced that she would be serving her prison term. At least when she gets out, she'll still be the much-respected, he world back the way it once was, since now, it is quite disheveled.

Marsha Lewis

THE TRUTH WILL SET YOU FREE

Amaka Okoli

Last spring break, I went to Nigeria to visit my younger brother in boarding school. It was my first time traveling back home alone and I was in charge of doling out money to family members. Peculiarly, everyone needed money. They all came out the woodworks with these elaborate tales about why they needed money. Each had a tale a bit more serious than the other. I remember sitting there, thinking, "Dag, my family be bugging."

This editorial is about the lost concept of telling the truth. Nowadays, it seems as if everything is shrouded in a lie. Who tells the truth nowadays?

My family was so intent on creating lies to get money, telling the truth seemed like a foreign notion. This issue is relevant right here, right now.

When I was watching the recent presidential debates, it was hard to tell who was being honest. The sad thing is that we know that we can't trust everything the candidates tell us, and yet, we are still forced to choose from

this narrow pool of candidates to lead our country.

There is no accountability these days, especially for high profile individuals. Who sets today's standards of morality? Ethics do seem relevant when we are trying to implement them in children but why is it missing for adults. We are taught things as children like don't steal, don't lie, don't cheat, don't talk back and the list goes on, but today, rules and regulations don't seem to apply to the rich and powerful.

Perhaps, people would be more

ethical if all rule breakers were seriously punished, regardless of who they were. This message goes out to the current and past presidents, R. Kelly, Martha Stewart, rapists, child molesters, crooked police officers, perverted Catholic priests, the C.I.A., F.B.I, Dick Cheney, administrators in our government, and all other bold face liars and rule breakers

In the words of the late great Nat King Cole, "Straighten up and fly right."

God help us.

The Down Low On Down-Low Brothas

By Marsha Lewis

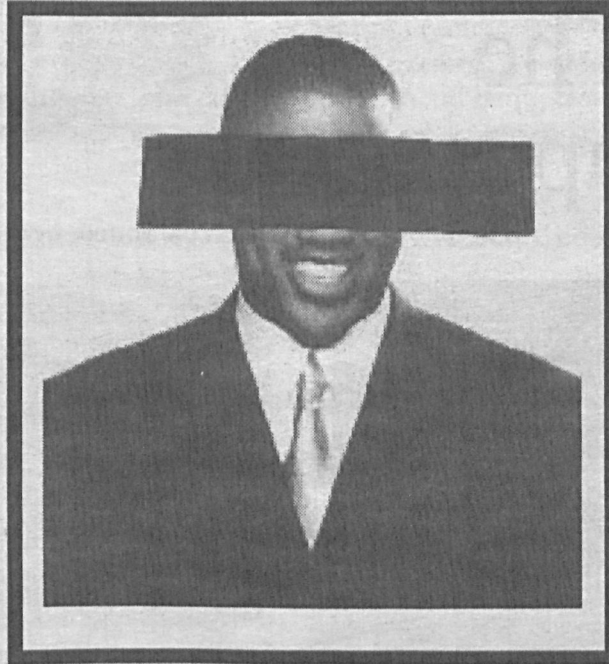
Everybody's talking about it. It's the new hype that has tongues wagging: Down-Low Brothers. This phrase has stigmatized black men everywhere, putting them in a position, of scrutiny and defense. And it has stumped most black women, causing them to suspect every black man they see.

"Down-Low Brother" is a street term that describes a man who presents himself as "straight" to the world, and has sex with other men, under a veil of secrecy. The down low brother hype jumped off, ever since a self-professed down low brother D.L. King came forward, writing the book *On The Down-Low*, in which he divulges the tell-tale signs of a DL brother and his motives. He even made an appearance on "Oprah", whereby becoming the poster boy for this deadly lifestyle.

Why the secrecy? It's okay for our hair stylists, make-up artists, and interior decorators to be gay, so why not the average black man? "Black men on the DL are still struggling to come to terms with their sexuality," says Leslie Morris, a director at the National Association of Community Health Centers.

Let's back-track a bit, because this isn't a black man epidemic. Men of all races are not excluded from this lifestyle. The question is, what is the appeal of anal sex for men? According to *SEX: A Man's Guide*, the prostate gland is the culprit. Commonly known as "the Male G-Spot", the prostate gland is a walnut-sized gland that lies below the male bladder, at the base of the penis. It's main purpose is to produce the milky fluid that's one of the main components of semen. The prostate plays a small but crucial role in male arousal and orgasm. During sexual intercourse, the penis transmits vibrations down into the prostate, which gives men a

great deal of pleasure. William H. Masters, MD., and Virginia E. Johnson, of the former Masters and Johnson institute in St. Louis, reported on the prostate's role in orgasm. In men, they found, orgasm occurs in a two-



stage process: "emission and ejaculation. In the emission stage the various fluids that make up your semen are pumped in to a sort of staging area (called the prostate urethra) in readiness for firing—rather like pumping a shot gun shell into a chamber. In order to release their cargo (a milky, protein-rich fluid) the prostate, seminal vesicles and other ducts go into a series of regularly recurring expulsive contractions, pumping away like mad, in order to fill the firing chamber. At the same time, the vas deferens dump a load of fresh sperm cells into the chamber, in the process mixing up the great Milkshake of Life."

With this in mind, it is not hard to imagine this down-low thing going on for thousands of years.

During World War II, it was common for

a soldier to be given prostate massages by military medics, as a treatment for "pelvic congestion", which is another term for "unbearable horniness".

While doing research for this article, I joined several internet groups, for men who opt to keep their gay affairs secret. Posing as one of them, I quietly read posts from secretly gay men, taking mental note of the preoccupation to keep it discreet. As if their livelihood depended on it, they solicited for other men like themselves, to link up with privately: "Curious In Memphis: Forty-one year old white male in good shape, looking to live out a fantasy. I have often thought about having sex with another guy, but just never took the step. Well now I really want to. Looking for someone in Memphis, TN area for my first time."

In most of the posts, there was a common fear of disclosure. What are these men's greatest fears, as far as being discovered? Stigmatism is a likely answer. Being outed from their friends, jobs and families; being labeled "gay", since many men on the DL don't consider themselves homosexual.

"I think it's crazy, that dudes are doin' it with dudes, and not sayin' one word to their girlfriends," said Tameika Weiss of Brooklyn. "If they want to be gay, they should just go be that, and leave women alone."

For some, this is easier said than done. Many men would rather keep their 'kinky inclinations' to themselves, because being gay is frowned upon. Furthermore, it could be so, that since gay men are not considered "real men", they validate their manhood by having sex with women.

With all the focus on men being secretly gay, we have forgotten that there are women that also have secret gay lives. Perhaps their sex lives are

continued on page 9

AIDS: Eroding Element

by Marsha Lewis

Congratulations, if you don't have AIDS. So far, you've been spared. I have a cousin that died of AIDS. Every time I say it out loud, it takes root as a reality. AIDS is a real disease, and it hits every family. How many of you reading this article don't know someone who has been effected by HIV/AIDS?

Worldwide, more than 40 million

people are infected with HIV.

Let's take a moment to give this picture I've drawn, perspective: At this time, the AIDS crisis, and the Down Low Brotha stigma, seem to be sharing the spotlight. Among men diagnosed with AIDS in the United States in 1996, male-to-male sexual contact accounted for the largest proportion of cases (50



%), followed by injection drug use (23 %).

Approximately 42 % of the 21.8 million adults living with AIDS/HIV worldwide are women. Worldwide, more than 75% of all adult HIV infections result from heterosexual intercourse.

The rate this disease is moving is fast, to say the least. At this

rate, we must think about what we're doing. Do you engage in "high risk" sexual behaviors? (High risk, meaning anal sex without a condom, and/or vaginal sex without a condom.)

If you do, did you know that condoms are free at some health clinics and institutions? (www.hhs.gov) Pick up some free condoms. They're sitting in the bowl, to be taken. If you know you like sex, no matter what kind of

continued on page 9

"A Vegetarian Diet"

By Lou McDonald

Is there any weight to the vegetarian diet? Is it practical or just another phase? How can this diet help you?

According to Dr. Colin Campbell of Cornell University, "The vast majority, 80% to 90% of all cancers, cardiovascular diseases, and other forms of degenerative illness, can be prevented simply by adopting a plant-based diet." This suggests that the cure for cancer lies not in something we should eat, but rather in something we should not consume. Along side cancer, meat is a huge contributor to heart disease, strokes, diabetes, and obesity.

Vegetarian Journal published an article in 1997 stating that over 19,000 people were switching from a meat based diet to a vegetarian diet. Changing to a vegetarian diet is not as difficult as it may seem. Companies like Morning Star, Boca, and Garden Burger produce a wide array of meatless dishes. Such dishes include: garden burgers, chicken-less chicken patties, and even soy B.B.Q. ribs. These products can be found at your local super market and at more specialized supermarkets like Whole Foods.

Supplements are also an imperative part of being a vegetarian. They replace the iron and other nutrients you lose from not consuming meat.

By choosing to adopt a vegetarian diet people can live longer and limit the chances of having to suffer painful and untimely deaths.

(SIDEBAR)

Some Vegetarian Restaurants in New York City:
 Angelica's (12th Street between 2nd and 1st Ave) - Hippie vegetarian food. This is a good place to go on a date to make it seem like you have class, but you're still "hip."

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Question of the Moment

In your opinion, what is the difference between President Bush and John Kerry?

Athenia, Freshman, Art Major



Bush is much more authoritarian. He's concerned with issues that are more in favor of the rich upper class, while Kerry seems to be more open-minded to the issues affecting the working class, the majority of Americans.

Karen Jones, Freshman, Journalism



There is no difference. One cannot make up his mind on issues and the other makes the wrong decisions. I cannot see either of the candidates being as good of president as they ought be.

Samantha Valcarcel, Freshman, English



Well, I think the biggest differences between Bush and Kerry is their stand on what's going on in Iraq. I feel that with Bush there are no guarantees. He seems too willing to send our men and women of the military over to Iraq. Who knows? If people (soldiers) keep dying over there and the war escalates, by next spring our government will need new recruits for Armed Forces. I feel that Bush and the Republicans might institute a draft. The idea of the government forcing people my age to fight is very frightening.

Tiffany, Junior, International Studies



I don't think there is much of a difference between Bush and Kerry. On the big questions of the day, they have the same answers. Kerry voted for the war in Afghanistan, the war in Iraq and even helped to write the Patriot Act! Neither of them will talk about the real issues that matter to ordinary people in this country- health care, better paid jobs, lower tuition, affordable housing. That's why I'm voting for Ralph Nader this election - he actually stands for the issues I, and the majority of Americans care about.

Some vegetarian restaurants in New York City are:

Uptown Juice Bar

54 w 125st 212 987-2660 Harlem's famous eatery specializing in everything vegetarian and vegan.

Angelica's (12th Street between 2nd and 1st Ave) -

Hippie vegetarian food.. This is a good place to go on a date to

make it seem like you have class, but you're still "hip."

Odessa (9th Street and Avenue A) -

Great place to go when you're early in the morning around 5 o'clock, but it rules. Ask to speak to the manager.

Down Low: continued from page 7

not taking the spotlight, because there has only been one reported case of AIDS being transmitted from woman to woman. Among men diagnosed with AIDS in the United States in 1996, male-to-male sexual contact accounted for the largest proportion of cases (50%), followed by injection drug use (23%).

Since this down-low thing appears to be so rampant in the community, everyone should be taking extra precautions to protect themselves. Although women are angry that men are not disclosing their real desires to them, on the same token, women are still not protecting themselves. Many married women

may not feel compelled to ask their husband to use a condom; they may not have the fear of their husband liking men. But women who are not married, but only dating, should never have sexual contact with anyone, unless there is a condom being used. The blame game is an easy game to engage; let's take responsibility for our own behavior. No one is responsible for keeping us healthy; no one but ourselves.

**There are a few things
that woman can do, to help
counteract this situation:**

Get to know the guy you want to have sex with.
There is a popular belief, that

women know if they want to have sex with a guy, well before he does. Take time to know him, instead of heading for the bedroom so quickly. Most people have general Gaydar; don't ignore the signs that you may notice. And during the getting to know him process, this is a good time to find out his views on being tested; if he has been tested, and if he is willing to be tested with you.

Know your own HIV/AIDS status.

Get tested. Most doctors recommend being tested every six months.

Communication.

Having healthy communication

about sex, can be a major component, in saving your own life. Asking a man straight out if he's gay or bisexual may not work, but let him know that you are willing to hear about his sexual preferences, and kinky inclinations. This can be the beginning of a healthy honesty between the two of you. If he knows that you honestly care about him as a person, and that you will not judge him harshly, he may expose his hidden lifestyle to you one day.

Condoms.

Protect yourself. Even if the sex is better without a condom, look at it this way: life is better, while you're living it.

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AIDS: continued from page 7

sex it is, grab a handful of condoms, and protect yourself, and the person you're with. Research is still being done to determine if the virus can be transmitted thru saliva. So guys, get her dental dam, (a plastic barrier between you and them) before you let her or him. And ladies, please don't be afraid to go to the store to buy condoms.

Of the 394 AIDS cases CDC (1986) reported among children under 13 years of age:

1. Seventy-nine percent came from families in which one or both parents had AIDS or were at increased risk for developing AIDS;
2. Eighty-eight percent were under five years old;
3. Twenty percent of those under five years old were white; 57 percent were black; and 22 percent were Hispanic;
4. Fifty-five percent of those under five years old were male.

With all the technology and bodies all around us, it is a wonder that people are still engaging in unprotected sex. This is not the stone ages. It's not like we don't see the commercial ads, warning people about the dangers of unprotected sex. We have all heard of a condom. We have all been told what AIDS is, and how it is spread. Yet AIDS is ravishing the planet Earth; wiping out generations early, and creating orphans.

In Africa, alone, there are 29.4 million people living with HIV/AIDS.

As of 2002, there were an estimated 1 million people in China are infected with AIDS.

People, let's stop playing dumb, and protect ourselves.

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2004

CCNY Men's Soccer Schedule

Head Coach: Osborne Carter (Columbia '82)
2003 Season Record 10-5-2-CUNY Champions
Home Games are in Bold

*Denotes CUNYAC Conference Games.

OCTOBER

Day	Date	Opponent	Game
Sat	2	York*	Home
Mon	4	St. Joseph L.I.	Home
Wed	6	Hunter	Away
Sat	9	Staten Island*	Home
Sat	16	City Tech*	Home
Mon.	18	Kean	Home
3:30 pm			
Wed	20	Baruch	Away
Sat	23	Brooklyn*	Away
Wed	27	CUNY Quarterfinals	Higher Seed
Sat	30	CUNY Semi-finals	Staten Island
11:00 am or 1:00 pm			

2004

CCNY Women's Volleyball Schedule

Head Coach: Robert Pichardo (CCNY '97)
2003 Season Record 24-5
Home Games are in Bold

*Denotes CUNYAC Conference Games

Day	Date	Opponent	Game
October			
Tue	5	Staten Island*	Home
6	N.J. City University	Away	Mon
City Tech*	Lehman	11:00 am	Wed 11
Mon pm	11	Baruch*	Lehman
Tue	12	Old Westbury	Away
7:00 pm			
Wed	13	Purchase	Away
7:00 pm	16	Stevens-Tech	Stevens Tech
Sat am		St. Joseph's L.I.	
		Russell Sage	
Mon	18	USMMA	Away
7:00 pm	19	John Jay*	Home
Tue	26	York*	Away
6:00 pm			
Tue			
7:00 pm			

2004

CCNY Women's Soccer Schedule

Head Coach: Dragos Herinean (Hunter '02)
2003 Season Record 2-9
Home Games are in Bold

*Denotes Hudson Valley Game

Day	Date	Opponent
H/A	Time	
October		
Sat	2	Polytechnic
Away	12:00 pm	
Mon	4	Mt. St. Vincent*
Away	4:00 pm	
Wed	6	St. Joseph's L.I.
Home	4:00 pm	
Sat	9	Staten Island*
Home	12:00 pm	
Tue	12	Bard*
Home	4:00 pm	
Sat	16	Staten Island
Away	12:00 pm	
Wed	20	Medgar Evers
Home	3:30 pm	
Wed	27	Purchase*
Away	3:30 pm	

CCNY Women's Tennis Schedule

Head Coach: Esu Ma'at (Fairleigh Dickinson '94)
2003 Season Record 8-6
Home Games are in Bold

*Denotes CUNYAC Conference Match

Day	Date	Opponent	Time
Wed	20	CUNYAC Quarterfinals	TBA
Fri	22	CUNYAC Championship	3:00 pm
Sat	23	CUNYAC Championship	9:00 am

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ARREST: *continued from page 4*

be "put through the system." After seven hours in a precinct cell, I was transferred to Central Booking (The Tombs) to wait more hours to see a judge.

In the precinct, one NYPD officer told me I was in for a rough time in the Tombs, where "You'll be in a cell with people not your color." Another officer advised me to hide my watch and wallet.

As I entered the Tombs, where there are often 15 or more prisoners to each cell, many of the men looked very young—like they were still in their teens. When I asked an older man about it, he said, "It seems like they've already taken most the others [to prison] upstate."

I didn't experience any of the harassment I was warned about. The inmates were surprised to see a man of my appearance, but when they heard why I was arrested, they were very supportive. They consistently addressed me as "Professor."

A major topic of conversations was when people would be called to see a judge. The wait is usually long—often lasting into the following day—and difficult. One man said the place uses a "bullpen psychology," alluding to the baseball bullpen, where most pitchers don't know exactly when they will be called into a game. Another man said the process was designed to "break you down," and others nodded in agreement.

Many men try to sleep during the day as well as at night. But the cells rarely have enough room for everyone to lie down. So people bump into one another, and arguments occur. A conflict I observed almost turned into a serious fight. One man grabbed the nearby wall phone and was poised to strike, as the two men locked gazes. When I said, "Take it easy," other prisoners waved to me behind their backs to keep out of it. They then murmured to the men that a fight was going to make it bad for everyone, and it was avoided.

Upstairs, where you go to wait longer before seeing a judge, the rooms are tiny with low ceilings, like on a boat. The prisoners

huddled together in these close quarters were clearly frightened. The scene reminded me of pictures of prisoners crowded together in slave ships.

Eventually my charges were reduced and I was released. When students and faculty members heard about my arrest, many expressed outrage. A few days later Baruch said it would make access open to all CUNY faculty, though not to all CUNY students.

During my time in the precinct and the Tombs, I frequently thought about what it must be like to spend many years in caged conditions. As a psychologist, I know that free movement is a basic need. The child's very first expressions of anger are in response to physical restraint. How can a person in prison adjust to the violation of such a need? I also frequently thought about animals that are forced to live from birth in stalls so tight they cannot move.

More than ever, I am convinced we must reconsider the conditions of confinement we impose upon prisoners and animals. We also may underestimate the importance of free physical movement in general. We typically think of freedom in terms of free speech, but many New Yorkers know the debilitating feeling of being herded into police pens during protest demonstrations. And, on the positive side, many of our most fulfilling and creative experiences occur when we are walking freely—like Socrates and his pupils absorbed in their dialogues as they meandered about. Like freedom of speech, freedom of physical movement needs our protection.

William Crain is a professor of psychology at City College.

Black people are afraid, but Black people are going to have to get over their fear. Black people do not know what is happening, but Black people are going to have to learn and understand what is happening. Black people are not thinking, but Black people are going to have to begin thinking. Black people are not being quiet, but Black people are going to have to learn how to be quiet so they can listen. Black people are not analyzing, but Black people are going to have to start analyzing and planning. Black people do not understand deep self-respect, but Black people are going to have to learn the meaning and practices of deep self-respect. Black people are going to have to stop permitting Black children to play with parenthood. Black people are going to have to stop moaning, rocking, crying, complaining and begging. Black people are going to have to stop thinking that rhymes and rhetoric will solve problems.

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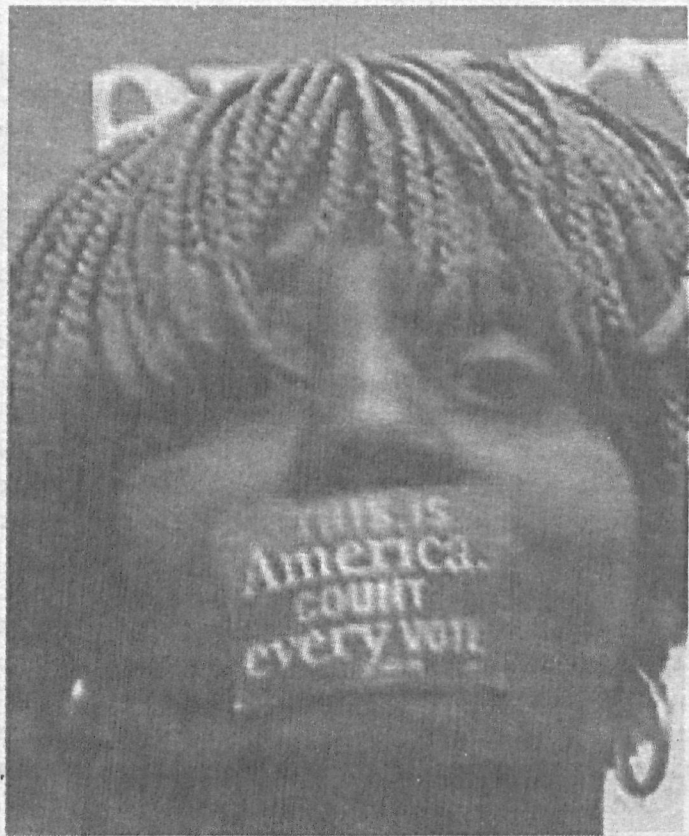
GOT MY "I" ON YOU



Focus your eyes on the diagram below and see how many of the 5-letter words containing I in the middle you can spot in record time. We've looped one word to give you a head start!
Word list on page 66

A	G I L E	H	_____	P	_____
A	_____	J	_____	Q	_____
B	_____	K	_____	R	_____
B	_____	M	_____	S	_____
B	_____	P	_____	S	_____
B	_____	P	_____	T	_____
B	_____	P	_____	W	_____
C	_____	K	C I L C I K U D I N C G T Y		
C	_____	W	H U K D L N R R N K N E Q Q		
C	_____	R	I B N A T I C E S I A R M O		
C	_____	I	R G N I L F M I E P R F H K		
C	_____	Y	P G K L I E R B O R E G N C		
C	_____	H	I K G Y U B R J C I B I L H		
C	_____	Q	N H J E B P B D H N H U K I		
D	_____	Y	U T M W G O R C I T I E L L		
D	_____	Q	E I S B L I M P N P N D R L		
F	_____	A	R A E F F N E S A C H I L D		
F	_____	P	I F C T K T H B I R H L A S		
F	_____	T	P K P D N I L B Q W I G Y P		
G	_____	Q	S M P F R I L L C R I S P P		
G	_____	M	O I S T S I O H G L R E E F		
G	_____	F	N S I S N O P J E D I U G I		

KNOW YOUR RIGHTS



The Bill of Rights

Ratified December 15, 1791

Amendment I

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.

Amendment II

A well regulated militia, being necessary to the security of a free state, the right of the people to keep and bear arms, shall not be infringed.

Amendment III

No soldier shall, in time of peace be quartered in any house, without the consent of the owner, nor in time of war, but in a manner to be prescribed by law.

Amendment IV

The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no warrants shall issue, but upon probable cause, supported by oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.

Amendment V

No person shall be held to answer for a capital, or otherwise infamous crime, unless on a presentment or indictment of a grand jury, except in cases arising in the land or naval forces, or in the militia, when in actual service in time of war or public danger; nor shall any person be subject for the same offense to be twice put in jeopardy of life or limb; nor shall be compelled in any criminal case to be a witness against himself, nor be deprived of life, liberty, or property, without

due process of law; nor shall private property be taken for public use, without just compensation.

Amendment VI

In all criminal prosecutions, the accused shall enjoy the right to a speedy and public trial, by an impartial jury of the state and district wherein the crime shall have been committed, which district shall have been previously ascertained by law, and to be informed of the nature and cause of the accusation; to be confronted with the witnesses against him; to have compulsory process for obtaining witnesses in his favor, and to have the assistance of counsel for his defense.

Amendment VII

In suits at common law, where the value in controversy shall exceed twenty dollars, the right of trial by jury shall be preserved, and no fact tried by a jury, shall be otherwise reexamined in any court of the United States, than according to the rules of the common law.

Amendment VIII

Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishments inflicted.

Amendment IX

The enumeration in the Constitution, of certain rights, shall not be construed to deny or disparage others retained by the people.

Amendment X

The powers not delegated to the United States by the Constitution, nor prohibited by it to the states, are reserved to the states respectively, or to the people.

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