

THE PAPER

*So we stand here
On the edge of Hell
In Harlem
And Look out on the world
And Wonder
What we're gonna do
In the face of
What we remember*
Langston Hughes.

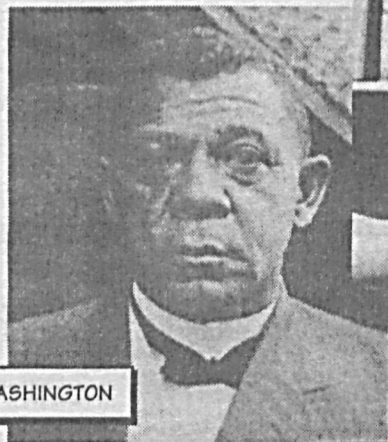


CITY COLLEGE OF THE CITY UNIVERSITY OF NEW YORK IN HARLEM

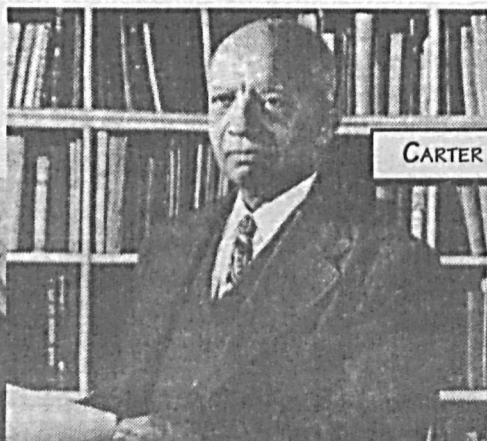
Volume 99 Number 1

A Medium For All People Of African Descent

February 24, 1994



BOOKER T. WASHINGTON



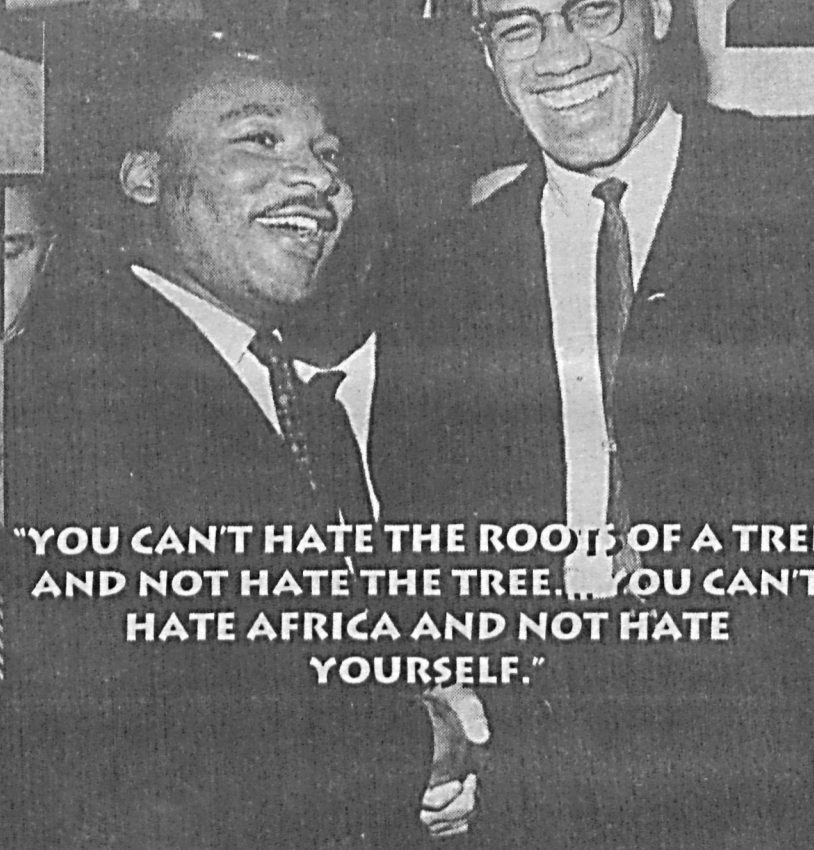
CARTER G. WOODSON



W. E. B. DuBois



ROSA PARKS



**"YOU CAN'T HATE THE ROOTS OF A TREE,
AND NOT HATE THE TREE. YOU CAN'T
HATE AFRICA AND NOT HATE
YOURSELF."**



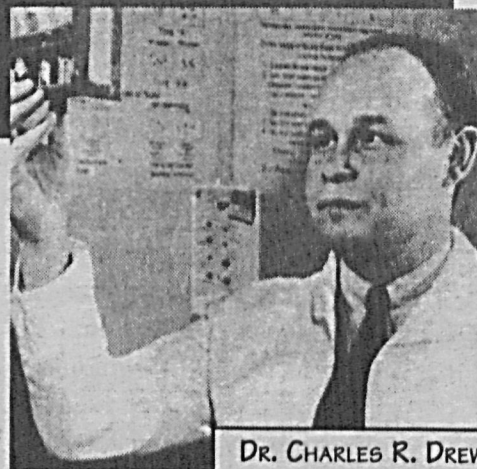
THURGOOD MARSHALL



MARY McLEOD BETHUNE



HARRIET TUBMAN



DR. CHARLES R. DREW



DUKE ELLINGTON

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Pullout

The Paper

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Letter from the Editors

The Editors Extend a Black History

Once again, it is the beginning of a new semester. *The Paper* would like to extend a warm thank you to all of you who supported us last semester.

As you probably know, the Carter G. Woodson, a man lovingly referred to as "Father of Black History" founded Black history week which has evolved to black history month today. During our month we are presented with great opportunities to admire all the achievements of Africans and Africans in America, past and

present. We advise that you do not wait until February to admire the struggle of our people for a month. Since African/ Black history is not necessarily taught in your history courses, we encourage you to learn about other Black leaders beside Malcolm and Martin. Please make and take time out of your busy schedules to learn more about **US** and **OUR** struggle as a people 365-24-7.

The Paper would like to encourage all its readers of African descent to make every month, day,

minute, and second of their lives a Black History moment.

We would also like to remind you that March is Women's month. Sisters and Brothers again we beseech you, please do not wait for a designated month to treat a Sista right. Black women should be respected, loved and cherished, they are the backbones of our very existence.

Once again we welcome you to a new semester, *The Paper* wishes you all the best.

Nichole G. Rowe,
Dawn L. Palmore
Editors-in Chief

Letters to the Editors

Dear Editors:

Please help to alert this year's graduating students and recent CUNY alumni about the 1994 **CUNY BIG APPLE JOB FAIR**. It will be held on Tuesday, March 22, 1994, from 11:00 A.M. to 7:00 P.M. at the Marriott Marquis Hotel, 45th Street and Broadway in Manhattan. Articles and radio announcements would be very effective in publicizing this university-wide fair, which is presented by the City University Office Services and the CUNY Career Counseling and Placement Association.

For five years, this university-wide job fair has been bringing major private and public sector employees together with graduating students and recent alumni. It proves organizations with an outstanding resource for well-qualified prospective employees. This fair give CUNY graduates with an excellent opportunity to connect with numerous employer, make job applications, interview, network and succeed in their job search process. Last year, more than 80 organizations and 4000 graduates participated.

Publishing houses, accounting firms, retail organizations, hospitals, city, state and federal agencies, financial institutions, human services organizations, telecommunications and engineering firms are some of the many types of institution that recruit graduates from all majors and degree types at the fair.

Registration is required. graduating students should register at their college career services/ placement office. Recent alumni may register at the fair.

For admission on March 22nd, graduating students present their completed registration cards and current CUNY college I.D. Alumni need to present their resumes, indicating the CUNY college attended and the degree and date awarded. All students should bring many copies of their resumes to present to prospective employers.

Thank you for any publicity you may be able to give to the fair.

c:Directors of Career
Counseling and Placement

To CCNY students,

Have you ever wondered who is responsible for faculty reappointments and tenure? Or, what courses are included in the curriculum?

THESE DECISIONS AND OTHERS ARE MADE BY THE EXECUTIVE COMMITTEE FROM YOUR DEPARTMENT.

To ensure student involvement, Article IX of City College Charter For Governance dictates that students shall sit with voice and vote (PLAN A) or as a Committee.

To be eligible, a student must be a major in that department and file a **PETITION OF CANDIDACY** by **April 19th**. Each department's

election will be held during the week of April 25- 29.

If you are interested in this prestigious position, consult with your **Department Chairperson**, or visit the Office of Student Services, 154 Shepard Hall.

Sincerely,
Joseph Grosso, Counselor

Dear Editors:

On Friday March 25, 1994 CCNY will present "Tribute to the Arts." This event will acknowledge and focus on the creativity of the artistic talent among students, which includes: poetry, singing, dancing and an art display. I am inviting you to participate. Outside entertainers and other CUNY schools will be invited to perform in the program.

The theme of this "Tribute to the Arts" is: 'Recapturing Lost Souls'. Each performance is allotted a maximum of five(5) minutes in respect to other participants. It will be held in NAC BALLROOM from 7pm to 11pm. Please notify me no later than Friday March 11, 1994 of your acceptance or rejection of this invitation. For further information, please feel free to contact me at (212) 650-5021. Thank you.

Yours truly,
Sandra A. Jeffrey,
Vice President of University
Affairs Day Student Gov't

CAMPUS NEWS

CITY COLLEGE HAS BEEN SELECTED BY THE BOARD OF EDUCATION as headquarters for a consortium of City University colleges that will implement a leadership development program for public school principals, administrators and supervisors. Known as the CUNY Consortium for Effective Leadership (CCEL), the program was established by the Board of Education in collaboration with the New York City Council of Supervisors and Administrators.

CITY COLLEGE'S SCHOOL OF ENGINEERING HAS RECEIVED A \$50,000 Special Purpose grant from the AT & T Foundation to enhance its computer lab capability, so as to better support highly productive researchers and their graduate students, it was announced by City College President Yolanda T. Moses.

The grant will be used specifically to enhance computer facilities in the department, which are used by faculty and graduate students for both instruction and research.

CITY COLLEGE AND THE CITY UNIVERSITY CENTER HAVE established the CUNY Institute for Research on the African Diaspora in the Americas and the Caribbean (IRADAC). Dr. Yolanda T. Moses, President of City College, and Dr. Frances Degen Horowitz, President of the Graduate School and University Center, issued a joint announcement, which said:

"The new CUNY Institute will focus on the study of the cultures, conditions, development and history of people of African descent, with special attention given to the African-American and African-Caribbean experiences and their relationships to Africa."

Dr. Edmund W. Gordon, Distinguished Professor of Educational Psychology and Professor of Black Studies at City College, has been selected to organize the Institute and become its founding Director.

DR. JOSEPH M. SCHOR, A MEMBER OF THE CITY COLLEGE CLASS of 1951, recently established the Joseph M. Schor Fellowships in Biochemistry. The Fellowships, which are to be awarded each year, will provide financial support for two students who are Ph. D. candidates in Biochemistry during their penultimate or last year of completing the Ph.D. degree. The Fellowships are in the amount of \$6,000 each. The students will be known as the Joseph M. Schor Fellows.

A Party for The Homeless

BY DAWN L. PALMORE

As many of you know, the staff of *The Paper* hosted it's first party on Thursday evening February 10th in the NAC Ballroom. The entrance fee was only three cans of non-perishable food. All proceeds were donated to Patricks Place, a branch of Partnership for the Homeless, Incorporated.

Although the harsh weather forced us to cancel the event late in evening, the event was still a success. We collected over 150 cans of goods before the night was over. We would

like to thank all you who donated canned goods. The staff of *The Paper* would also like to thank Vice President Marlene MacLeish, Dean Ronald Brown — Acting Dean of Student Affairs, and Carmello Rodriquez, Acting Director for Co-curricular Life and all others who helped facilitate the event.

We apologize for the late cancellation and all your inconveniences. We hope that you'll come out and support our future events. □

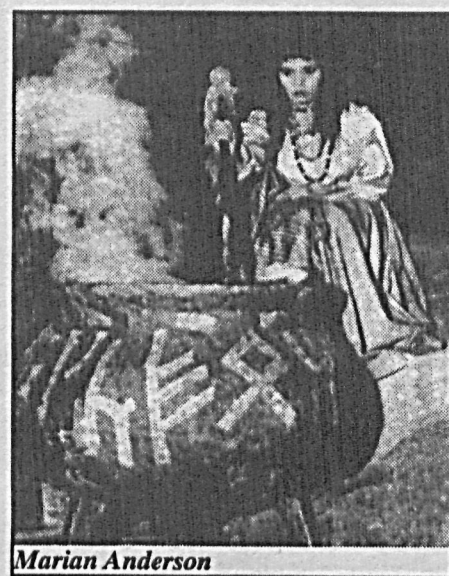
Marian Anderson Tribute

A GALA EVENT FOR SERIOUS MUSIC LOVERS

An all-star cast from the worlds of popular and classical music and dance blended their talents last Thursday in a tribute to Marian Anderson, the opera singer whose magnificent voice and dignified presence shattered racial barriers that had heretofore limited opportunities for African-American performers.

First Lady Hillary Rodham Clinton agreed to be honorary Chairperson for the event but could not attend, which will serve as a fundraiser for the Aaron Davis Hall in Harlem. Harry Belafonte and Phylicia Rashad co-hosted this celebrity gala.

Performing were Maya Angelou, who recited a poem in honor of Anderson; opera stars Jessye Norman, Martina Arroyo and Harolyn Blackwell, musician-composer Max Roach, the Dance Theatre of Harlem, Opera Ebony and The Orchestra of St. Luke's. More than a dozen other performers and luminaries spanning arts and letters and entertainment have



Marian Anderson

agreed informally to participate in the celebration with a pre-concert dinner at the Pierre.

The focal point of the evening's festivities took place in Aaron Davis Hall's principal auditorium when the performance space is renamed The Marian Anderson Theatre. Some of Anderson's earliest performances included a concert with Leonard Bernstein and the New York Philharmonic.

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The Literary Society Hosts its Fifth Annual African-American Read-In.

BY DAWN L. PALMORE

The Literary Society in collaboration with the Schomburg Center for research in Black culture recently sponsored its fifth annual African-American Read In. The event took place on Sunday February 16, at 3:00 P.M., in the packed auditorium at the Schomburg center.

The first segment of the event began with a public hour of silent reading. Together, everyone present silently read his or her own selection. Following the silent reading, Al-lyce James lead the auditorium with a spirited presentation of "Lift Every Voice and Sing." Jane Tillman Irving, the award winning Radio and television Journalist was the Hostess for the second half of the read in.

Noted novelists, poets, journalists and historians vigorously read excerpts from their publications. Jeanette Adams who received her Masters degree from CCNY read two remarkable poems. "Daddy" and "Long Distance Laughter" are two poems which she read from her book of poetry entitled Love Lyrics. Ms. Adams is currently the director of the SEEK Laboratory at CCNY.

Charlayne Hunter Gault, the acclaimed journalist and author of In My Place read an excerpt from her autobiography. In My Place, is an account of her unique experience as being the first African-American to integrate the University of Georgia.

Susan Taylor, the Editor in Chief

of Essence magazine read the Introduction to her newly released collection of short essays, In The Spirit. Ms. Taylor spoke of invoking one's spirit to achieve greater things by simply focusing on the positive aspects of one's everyday life.

Claude Brown the internationally known author of the award winning autobiography Manchild In the Promised Land, as well as The Children of Ham read an excerpt from each. Jill Nelson, journalist and author of Volunteer Slavery, read a graphic account of her experience as a writer at the Washington Post Magazine. Ms. Nelson is also a graduate of CCNY. In fact, she was a former staff writer at The Paper.

Valerie Wilson Wesley, author of Where Do I Go From Here?, Wesley Brown, author of Darktown Strutters, Malaika Adero author of Up South: Stories, & Letters of This Century's African-American Migration, are other noted authors who read short pieces from their respective publications. Violet Leigh Coleman-Edwards, member of the Literary Society, and an aspiring author read an riveting essay entitled "Thoughts on the Negro Burial Ground."

The Literary Society is a New York City based organization. It was founded in 1982 to enhance and promote independent reading, study and understanding of a wide range of African-American literature. □

Donations Please !!

BY LAURIE C. ZÉPHYRIN

Thousands of ethnic and racial minorities end up dying from fatal blood diseases such as leukemia and aplastic anemia. Many minorities end up dying from these diseases because of the shortage of minority donor volunteers in the National Marrow Donor Program (NMDP).

In July of 1992 "Reader's Digest": published a special feature story entitled "Window of Hope". This article was a touching story of a Black leukemia victim, JoAnne Johnson, who searched in vain for a matching bone-marrow donor. She unfortunately did not receive the bone marrow in time so she died. Many children, men, and women die from blood diseases such as leukemia because they are not able to find a suitable match for them.

Many may ask why is it important for minorities to join the list. Well, in March of 1993 there were 821,680 potential donors on the NMDP Registry. Of this total number, 1.1% were American Indian (9,038), 3.7% were Asian American (30,402), 4.5% were African American (36,975), and 4.6% were Hispanic. This means that close to 90% of the donors are Caucasian. In order to ensure that all patients in need have an equal chance of finding a donor it is necessary for "minorities" to become potential donors. These donors save lives.

Another reason for the importance of minority donors is due to the matching of tissue types required. Marrow transplants require matching tissue types, which are characterized by complex genetic traits which are often unique to a particular race. The unique tissue characteristics of an individual's bone marrow are inherited in the same way as one inherits skin eye and hair color. So when no matching siblings are available, the best chance of finding a matched marrow donor is with someone from the same racial background.

Many people can benefit from Bone Marrow transplants. In many instances it gives people a chance at life. For those who are waiting to be matched, their lives are slowly passing by them in the hopes of hearing that a donor has been found.

Approximately 30% of Caucasians are matched, this amounts to more than 850 donor operations for Caucasians. While only 40 Black patients are matched with bone marrows. This low number of successful matches is due to the insufficient registry of minorities in the NMDP Registry.

For those of you who are interested in becoming registered donors please call

Remember that by doing this you are giving a someone a chance at a new life. □

The City College Alumni Association

is pleased to invite

AFRICAN-AMERICAN
Sophomores to apply for the

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This \$2,000 award (to be divided between their junior and senior years) has been made possible through the generosity of the HARBURG FOUNDATION

Applicants must show evidence of service to the College and/or community, must have a GPA of 3.0 or greater, must be matriculated day or evening students.

Applications are available in the ALUMNI ASSOCIATION OFFICE Rm. 162, Shepard Hall and at the Finley Student Center - Information Desk, first Floor NAC Bld.

APPLICATION DEADLINE

March 18, 1994

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FINDING A JOB.

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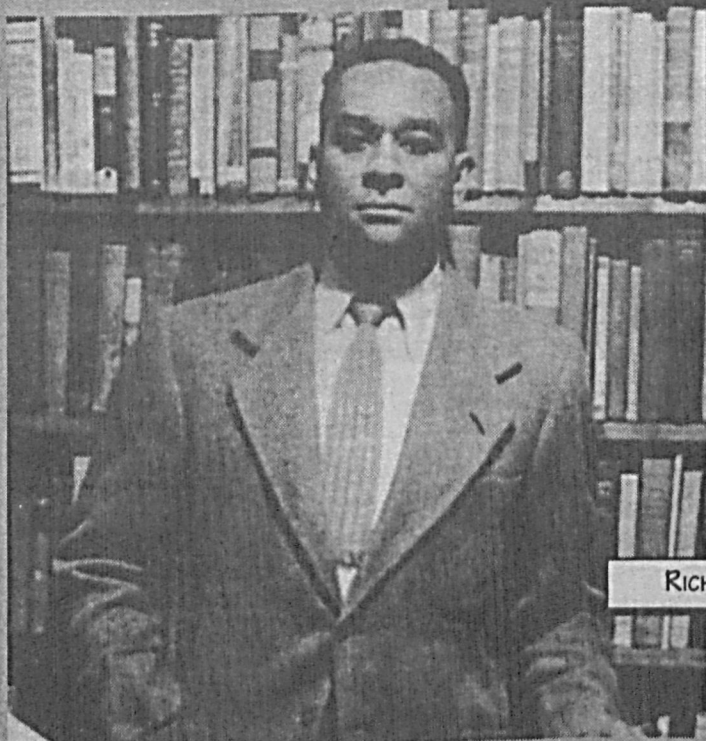
LEAVE MESSAGE
IF FULL TRY BACK.

EXPRESSIONS

**SOME AFRICAN AMERICAN WRITERS & POETS WHO
HAVE INFLUENCED OUR LIVES**



MAYA ANGELOU



RICHARD WRIGHT



ZORA NEALE HURSTON

EXPRESSIONS

De Colored Light Of De Lord Jesus Christ

Standin' right up in de pulpit under de gleamin' picture
of Jesus Christ and His 12 disciples
eatin' at de last suppa,
de preacha man stared at me lak I was a sinna.
He came and tol' me
"Little Ms. Dee, whys you don't come
to fellowship no mo' with de church
lak ya used to?"

De colored light pours right into de church
every color of de stain glass windows.
De light so purty.
It's de light dat makes de
yellow hair of Jesus look so purty on
dat picture.
It's de colored light...

"Mr. Preacher man,
I ain't got no good reason for
not comin' to
The Temple of the Holy Ghost Baptist Church
no more."
So he says,
"Little Gurl, I hope ya ain't lost your
faith in the Lord Jesus Christ."
Pointing a stern finger to de picture on de dirty wall,
under the colored light of de stain glass window,
he says,
"Remember dat it's de Lord
dats gonna save yo' soul
in this here world, gurl!
Nuttin' else but de Lord Jesus Christ."
Then he leaves with sweat streamin'
down his dark neck,
(and it's the sweat that's makin' his wooly locks shine,)
to go deliver his Sunday mornin' sermon.

Lookin' back at dat picture of Jesus Christ
and His twelve disciples
with His hair de color of sunshine,
I feels lak I want to cry,
but I donts know why
so I leave de church feelin' sad and confused,
And never to come back till I
figer out why it's dat der
Jesus Christ,
on dat der wall,
who's gots the power,
to save my soul.

by Dawn L. Palmore

Living in a Dream

I was awake, but yet asleep,
and dreaming of paradise.
In the distance I heard music, not
music played by instruments, but
music made when the wind went
through the trees.
It was the most glorious sound
I've ever heard.
I touch a petal from a nearby
flower and it glistened in my hand.
I walk on grass that would move
to accommodate my soles.
Then drank water that sparkled
when touched.
Then I opened my eyes and it
was gone.
I knew it would go someday, but
I never thought that day would
be today.
Now it's gone and it'll be gone
forever...

by M. Calliste

Caring, Kind and Sweet
When I need him he may not
be there, not
Physically, but surely
Spiritually.
Humor, Jokes, and Laughter
When I do see him
I enjoy myself and he does also
He is one of a kind.
problems may not allow us to see
each other
But I do understand.
He is a friend

by Sandra Jeffrey '94

EXPRESSIONS

UNTITLED

I am Black in America.

I sing a different song,

a song birthed from the sweat of slaves huddled on rogue ships,
of warriors rowing to the beat of shackles and chains. I have a
legacy of a noble Africa born, so I sing a song of my Black Land, of
Timbuktu, Ethiopia, Egypt, Zimbabwe. And the River Niger flows deep within my veins.

I too landed at Jamestown. I fought at Bunker Hill and
died. I endured the hunger, thirst and hardships at Valley Forge and died. I fought in the cotton fields too
and bent my back out of shape and pricked my tired swollen, black fingers to the bone. And I was filled
with tears and anger and justified rage and I died. I fought in the Civil War, the Korean War, in World War I
and II. I fought in the jungles of Vietnam and was lost and died. But I have noble Africa flowing deep within
my veins.

I was hung by the Klu Klux Klan and was raped by the masters of many houses. I was raped as
a people too, but I stood strong and tall and proud. I helped to build this nation brick by brick
and I can bury this nation brick by brick. I had dogs set upon me and sheriffs to hose me down like a dog,
and I was kicked and dragged away and beaten in the head, and little children spat on me while I lay
bloody on the ground. But I grew strong and cried again and again for freedom, justice, and equality. For I
have noble Africa flowing deep within my veins.

Yes I sing of Mother Africa and its fertile valleys, of Ghana and Mali, of Songhay and Liberia,
and I sing of its descendants, of Crispus Attucks and Phylliss Wheatley, of Eli Whitney and Sojourner
Truth, of Frederick Douglass and Harriett Tubman, of Denmark Vesey and Nat Turner, of Booker
Taliaferro Washington and George Washington Carver, of Martin Luther King and Malcolm X, of Langston
Huhges and Maya Angelou, of Lorraine Hansberry and Nikki Giovanni and Mariam Makeba and Biko and
Mandela.....

I sing of Africa in me.

by Cynthia Shelley

FORGIVE ME

So sorry my Nubian Queen,
for leaving you the head of our family for so long
So sorry my Black Goddess, for misusing and abusing you.
Can you forget that foolish boy who was full of lust and hate.
I am so sorry my sister,
for leaving you unprotected.
I am so sorry, mother of all civilization and men, for disrespecting you
by calling you out of your name.
So forgive me.
My mother, my sister, my Goddess, and my Queen.
And let me be the man that you know I can and should be; because I love you.

by Jermaine Grinnage

EXPRESSIONS

**SOME AFRICAN AMERICAN WRITERS & POETS WHO
HAVE INFLUENCED OUR LIVES**



ALEX HALEY



RALPH W. ELLISON



LORRAINE HANSBERRY



GWENDOLYN BROOKS

Health News

HEALTH NEWS '94

Welcome all students and faculty to a new and hopefully healthy semester. As the semester continues and the stress increases, try to remember that maintaining your health makes all aspects of life a bit easier. I hope that this semester many of you will become more conscious of your health (physically, mentally and spiritually). If it means exercising, eating properly, meditating, praying, and/or reading, by all means try to do it. Without proper maintenance of health one cannot achieve many things. If anything I hope *Health News* will drive you to do more research concerning health related issues.

Health News this semester will be a little different than in the past. Each issue will be devoted to broad health topics. With the help of the staff, a variety of health issues will be covered.

This issue, the theme is Cancer. The best prevention for cancer is eating properly and maintaining a healthy attitude. For those who have cancer life is very hard.

One of the focuses of this issue is the need for minority bone marrow donors. Many minorities die because of an inability to find compatible donors.

Another focus of this issue is Breast cancer. Hopefully after reading the article women will realize how important it is for them to take care of their breasts.

Again, I sincerely hope for healthy futures for all our readers.

HEALTH EDITOR LAURIE C. ZÉPHYRIN

BREAST CANCER: A Silent Killer Amongst Us

BY SUZETTE OYEKU

Did you know that in the female population, breast cancer is the most common malignancy in women? It has been approximated that close to 1 in every 11 women will contract breast cancer (Pfeiffer, Catherine H. Mulliken, John B. Caring for the Patient with Breast Cancer. 1984). There are many factors that may affect the onset of the disease. One of these factors is age. It is believed that 85% of breast cancers appear after age forty-five and 65% of breast cancers appear after age fifty. Another element is family history, primarily if a woman has a relative who has breast cancer, they have a three-fold risk of developing the disease. Moreover, there is a greater risk which is the relative developed breast cancer before menopause and the tumor affects both breasts (bilateral) instead of one breast (unilateral). Other conditions that may influence the onset of the disease are if one has had a mastectomy (removal of the breast), if one has not had children, if there are defects in the immune system, or if one is obese.

How is breast cancer detected? One way of detecting breast cancer is by means of self-examination. It is a known fact that early detection is the best way to fight breast cancer. Pre-menopausal women should perform a self-examination usually the week after the menstrual period. Post-menopausal women should perform the examination at least once a month. The following is the

breast self-examination which has been accepted by the American Cancer Society, "To begin the examination, stand in front of the mirror with your arms down and look for skin dimpling or changes in the breast contour or size. Do the same with your arms raised straight over the head. Next, lie down flat, place a pillow under the left shoulder and place your left hand under your head. With the right hand, fingers out flat, gently touch the left breast with a circular motion. Lower the arm and repeat the same procedure. Reverse the process to examine the right breast. In addition, the depression armpit should be gently probed with the fingers to feel for lumps." (Pfeiffer, Catherine H. Mulliken, John B. Caring for the Patient with Breast Cancer. 1984). It is a known fact that 85% of the cancerous lumps are discovered by the patients herself. Therefore, it is important that one may perform a self-examination of their breasts. In examining one's breasts, one may discover fluid discharge from the nipple. It is not uncommon for women to have discharge when using contraception or replacement estrogen. However, discharge containing pus may be an indication of an abscess, as a result it is necessary to consult a physician.

Another method of detecting breast cancer is using the diagnostic technique, mammography which is an x-ray examination of the breast. If a mass is found, invasive

procedures such as needle or incisional or excisional biopsy can be performed to ascertain the nature of the mass. If the diagnosis is that the mass is malignant, it must be decided for each patient if surgery alone, surgery with chemotherapy, surgery with radiation or radiation

alone is the best form of therapy. Operative therapy or surgery is basically used to control the primary, primarily the local and regional tumors involved. The decision for a

Breast Cancer
continued on page 10

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War Of Words: The Media vs. The Nation Of Islam

BY THE X-MAN

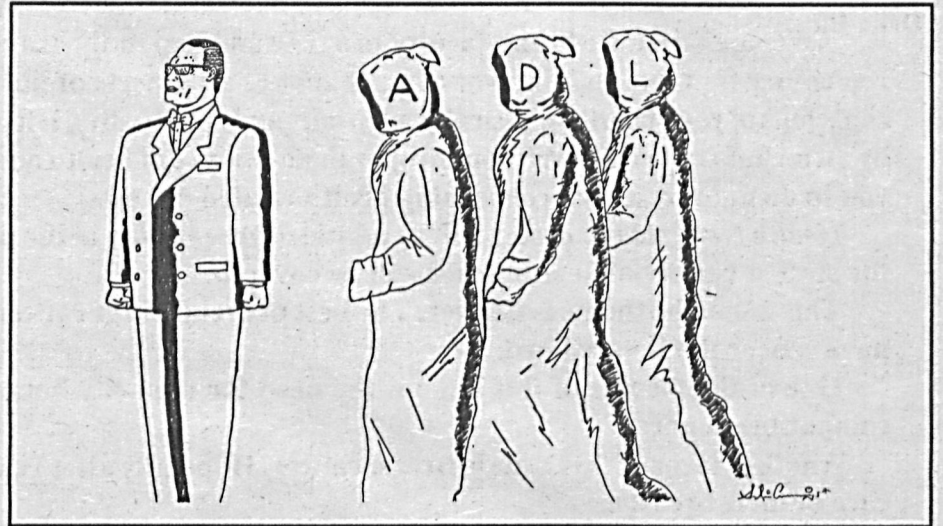
As I read newspapers and watch television programs, there has been much negative media focus on Minister Farrakhan and the "Men Only" rally. The media has charged Minister Farrakhan with being sexist and anti-semitic. Minister Farrakhan explained that the reason he called a "Men Only" rally is because Black Men—not Black Women—are killing each other at an alarming rate. It is therefore necessary for Black men to talk amongst themselves to solve this problems.

The Minister Farrakhan also stated that some members of the Jewish community are plotting to destroy him and the Nation of Islam. The people he is referring to are the members of the Anti-Defamation League of B'nai B'rith (ADL). Farrakhan cited an internal memo of the organization which stated that the ADL was concerned about "the relationship the Congressional Black Caucus has established with Farrakhan and the Nation of Islam, and Farrakhan's acceptance by the NAACP and other 'mainstream' Black leaders, pose fundamental questions for ADL." He also said that they were looking for ways to

stop the rise of the popularity that the Honorable Minister Louis Farrakhan has gained recently.

The ADL has plans to use other Black leaders against Minister Farrakhan to weaken his strength in the Black community. Since the rally, these so called Black Leaders have turned their backs on Minister Farrakhan after entering a Sacred covenant with the Nation of Islam. This covenant is supposed to work together to solve the problems affecting the Black community. Apparently these leaders have "sold out" for favors from the ADL. But as one of the brothers on the grassroots level of the movement for Justice for our people, I hope that the Black community will choose who will represent us—not the media.

At the January 24, 1994 rally, when Minister Farrakhan and 12,000 plus strong black men showed up at the 369th Armory, we all had one central focus. The purpose of the meeting was to make true men, divine men in the image of Allah (God), to clean up our streets and make them safe for our women and children. Not to attack the Jewish community like the media is suggesting.



Minister Farrakhan first showed us that no matter what the Black man calls God (Allah, Jah, etc.) there is only one God and we are made in his image, therefore we are all brothers. To hurt your brother is to disrespect God. But if you are respectful, you would never be disrespectful to He who is greater, which is God. At the end of the rally Minister Farrakhan made us take a vow that we would never harm our

fellow brothers. If the government were smart they would help Minister Farrakhan clean up our communities. And if the ADL were really concerned with the welfare of the Black community, they would stop this unnecessary attack on Minister Farrakhan. The people in the Jewish community should keep an open mind in order to create a working relationship with the Black community. □

Breast Cancer... continued from page 9

patient to undergo a mastectomy, lumpectomy, or quadractomy is based on the stage of the disease, the prognostic factors and if the surgery will decrease the chance for recurrence and the spreading of the tumor. Radiation therapy is used in the primary treatment of the cancer as well as to diminish the chance of local recurrence or distant spreading. This type of therapy exerts its maximum effort on abnormal cells. Chemotherapy is the use of various drugs or combination of drugs which also exerts its maximum effect on abnormal cells. The drugs are given either in pill form or by injection. There are usually side effects to most drugs, primarily nausea and vomiting. Medication can be given to diminish these symptoms if they occur.

In conclusion, the occurrence of breast cancer amongst women is

increasing. As a result, it is important that women perform self-examinations. It is also known that there is a correlation between diet and the appearance of breast cancer. One can reduce the risk of cancer by eating foods which contain fiber, grain, whole wheat. As well as eating lots of fruits and vegetables and vitamins. It is only through education that we will gain a better understanding of this disease. The progression of breast cancer can be controlled, if the tumor is detected early. Thus, it is possible for one to lead a normal, healthy, and productive life with breast cancer. It is impossible to discuss all the facets of breast cancer in this article but hope that after reading this you have obtained some awareness and knowledge about a "growing cancer in our society". □

The City College Alumni Association

is proud to announce

The 1994 Faculty Service Award

for Faculty who have rendered outstanding service (above and beyond his/her regular duties to students of The City College.

We Welcome nominations from students, Faculty/Staff and Alumni. If you know that a Faculty member has been nominated for this year, please do not submit a second nomination for the same person.

Recommendation forms are available at :

The Alumni Association Office, Shepard Hall, Room 162;
Finley Student Center - Information Desk,
first floor NAC Bld.;
Affirmative Action Office, Administration Bld., Rm 206;
Center for Worker Education.

Completed recommendation forms must be received in the Alumni Association Office, Shepard Hall, Room 162

By March 12, 1994

Art/Entertainment

SISTAH MUSIC!

BY DESA PHILADELPHIA

"The only alternative to Hip-hop is dead silence"

-Me'shell NdegéOcello

With her debut album, *Plantation Lullabies*, Me'shell N'degéOcello (free as a bird in Swahili) finally, honestly, puts sistah experiences to a beat. From Ghetto love to American politics, she breaks it down for us to relate to - for us to enjoy.

"I am a reflection of you black and pure as the tears of coal-colored children"

-Soul on Ice

First thing to note about this sister is that she is so, so deep. The lyrics of her songs read like an incorporation of the poetry of Ntozake Shange and the speeches of Malcolm X. Even the love songs have an added twist - souls

make love with as much passion as bodies do.

*In my script there's a love scene
Just picture it - candles and warm
apple cider*

Sly Stone on the radio

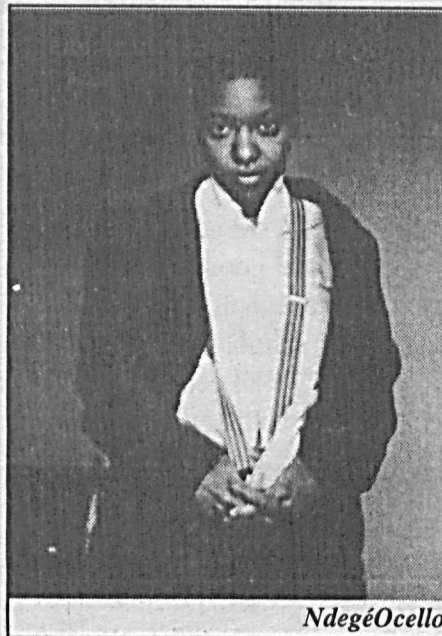
*Caress your funky dreads in the
candle glow*

Whisper in my ear

'Cause I'm in the mood for love

-Picture Show

Her music was dubbed "alternative hip-hop" until the sister dispelled of that myth - so we'll just call it hip-hop. It's funky hip-hop though; a perfect incorporation of George Clinton's seventies and A Tribe Called Quest's nineties. Like the Tribe, she can be laid back and mellow and like Clinton she's got the funk.



NdegéOcello

*Remember back in the day
When everyone was black and
conscious
And down for the struggle*

*Love brought us all
together...Freedom was at hand
and you could just taste it
Everything was so cool*

-I'm Digging You

You've got to hear the whole album to appreciate NdegéOcello's total artistry. Every sistah should lay in the tub with this CD on - a cleansing for the body and the soul.

FAVORITE PICKS:

Shooting up and Getting High; If That's Your Boyfriend; Call Me; Outside your Door; Soul on Ice; Dred Loc; Step Into the Projects; I'm Diggin' You (Like an old Soul Record); Picture Show; Two Lonely Hearts (on the subway); Untitled; Plantation Lullabies

That's Right - I DIG THEM ALL!! ☐

Music Review: Too Short "Get In Where You Fit In"

BY JON GIBBS

The Good: In all honesty, while I traditionally shy away from west coast rap, even I must admit that the *sounds* are good. Music wise this has the makings of a fairly good album. Six cuts, at least, have tunes you can tap your feet to. True music junkies should be able to make out a few of the samples.

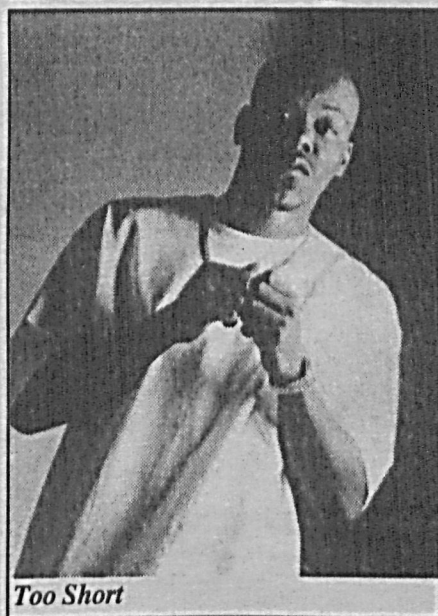
The bad: This CD is definitely not for the weak hearted or sensitive due to the foul and repugnant language. Even though Too Short is not considered a lyrical heavyweight by most, he's no slouch either and that makes it a shame that he has to resort to the use of very vulgar language to express his point.

Also, he loses points for his blatant, overuse of the word "bitch." In the first single alone, he uses the word between 10-12 times and on one cut, the word is thrown around a total of 31 times in a little over five minutes by Short and guest MC, Ant Banks (12 times by Banks). Occasionally pronounced "bee-otch," Too Short uses the term in reference to women, prostitutes, a former friend and more often for no reason other than to say it.

And while I found a few songs to be lurid and tasteless, I found "B***h ass Betty" to be an especially twisted and graphic song that essentially had Too Short kill a

woman with his sperm. I took this to possibly be one of Too Short's lewd dreams.

The verdict: While I am usually not inclined to censor an artist or criticize him or her for their lyrics, the truth is that the majority of the CD goes too far and is extremely offensive and insulting towards women. And even though I found it mildly amusing to count the times that Too Short used the dreaded "B" word (and believe me he used it and other choice words liberally) it gets tiresome after 35 times by the fifth song with eight songs to go. So even though the music is dandy and the style is nice, there is enough unnecessary dirt in the words to make Andrew Dice Clay blush so I had rate its worth at \$7. ☐



Too Short

Movie Review: "BLANK CHECK"

Walt Disney Pictures Presentation
Adelson/ Baumgarten Production
Directed by Rupert Wainwright
Rated "PG"

REVIEWED BY COREY BROWN

In a nutshell, *Blank Check* is a story about a kid who wishes as we all have done at one point or another in our lives, for a million dollars. As fate would have it Preston Walters, played by Brian Bonsall, winds up with a blank check given to him by the unscrupulous "bad guy" Henry, played by Rick Ducommun. He promptly makes the check out for a million dollars—cash.

Thinking that his new found wealth would end all of his childhood woes, under the surname of Macintosh, Preston embarks on a massive spending spree which includes buying a house, a chauffeur driven limousine, toys, more toys, and buckets full of ice cream.

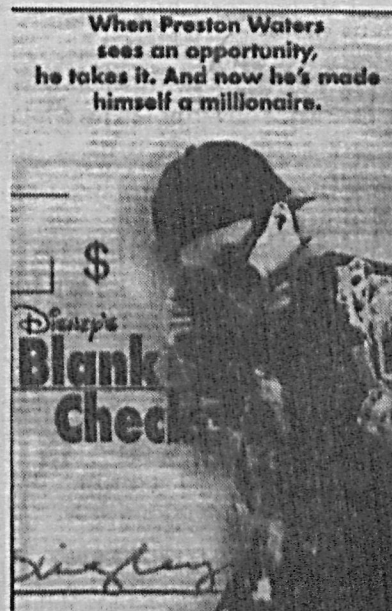
The story ends with Preston finding out that money couldn't solve all of his problems, like his unruly older brothers. In fact, he created even more problems because he went into debt.

The story is cute and even downright enjoyable, but it does have a familiar ring to it. It's a lot like *Home Alone*, as a matter-of-fact, it's too much like it. Yes, it does have the two naive but loving parents played by James Rebhorn and Jayne Atkinson. The bumbling bad guys:

Henry, Biderman, and Juice, where played by Ducommun, Michael Lerner, and Tone Loc respectively. Even the final showdown between Preston and the three stooges has a familiar outcome to it.

On the flip side, however, *Blank Check* features a kid romance between Preston and the much older Shay Stanley, played by Karen Duffy. The romance itself sparks off a few comical moments and seems to be one of the characteristics that makes it enjoyable.

All in all, the movie was a typical Disney Production, but do yourself a favor and catch a matinee or the video tape. Even though it's a cute movie for kids, a more mature audience may not find the \$7.50 price tag worth the price. But if you're just a Disney nut, then by all means, go for it. ☐



SPORTS TALK



New York City's Favorite "pickup" game

BY DAWUD GLOVER

The sport of basketball is valued greatly in the city of New York. It has spawned some of the most exciting players in the world, including Nate "Tiny" Archibald, Kareem Abdul-Jabbar, and even Michael Jordan (he was born in Brooklyn). It is a sport that is taken seriously in the inner city, as I have witnessed and as many others will attest. Visit any gym or playground in the city, even in the more climate parts of the year, and this will become very evident.

What makes a person devote a considerable amount of time, even under adverse conditions, to play a game so fervently? From personal experience I can say that at ages of 15 to 17 my friends and I would trek to nearby Lefferts Playground in Brooklyn to play basketball, at night, perhaps in 30 degree weather, and quite possibly under light to heavy rainfall. Of course, several people thought we were a little odd, but we

loved to play the game. None of our group were good enough to play college level ball and, er, probably not high school ball either at that time, yet we all debated how good we were compared to others we competed against. We felt that when we played against. About 50% of the time we were right. The other times we lost we were not overly upset because the simple playing of the game gave us a sense of enjoyment. Therefore, at least from my perspective, the game of basketball was an outlet that was accessible any time.

However, there are others who take playing the game a little more seriously than I have. Mark, a regular at Lefferts Playground and Wingate Park in Brooklyn, is 22 years of age and says he has been playing basketball for about ten years. He played junior varsity basketball in high school, yet was not good enough for varsity or collegiate level

competition. He refuses to be bitter, though. "I love playing ball", he states. "I get into every game like it's going to be my last. I may not be a superstar or playing at a big college, but I've always enjoyed the feel of the game. It's like enjoying your greatest hobby. "Raymond, an education major at Hunter College, agrees. "I never get bored playing this game. Every time I come out here to play, I try to invent a different move to the basket or improve the arc on my jump shot. And I love to talk trash to my opponent."

Ah, the trash talking. It's infuriating music to any ball player's ears, either coercing him to engage in constant chattering, intimidating him to meager levels of play or elevating him to outstanding levels of accomplishment. Never a big trash talker myself, I've always found satisfaction in being talked to like a dog and then shoving the ball down...well, outplaying him

significantly. In any case, trash talking is only a way of intensifying the level of game play, and is a most prevalent practice on the courts of New York. Even the most successful and talented of NBA players-Larry Bird, Michael Jordan (there's that Brooklyn influence again) and Derrick Coleman engage in some garbage talk during games. Clearly, in the physically demanding sport of basketball, trash-talking does become a common practice.

Basketball is quickly becoming the world's top sport. Therefore, let us not forget some of its roots and pathos that are found in the small gyms and playgrounds of New York City. It is still the intense form of enjoyment that pleases people of all persuasions, sizes and ages. As basketball great Isiah Thomas once said "Basketball is my release, my outlet...when I'm playing nothing else exists. I am nowhere."

So say us all. □

For Your Information

THIS WEEK ON CUNY TV

Profiles on authors Alice Walker (02/28), August Wilson (03/7), and John Wideman (03/14). Special on Blacks in Business (02/28).

FILM COMPETITION

All student filmmakers can obtain official Alamo American Film Competition entry forms by contacting (407) 392-4988 or fax (407) 750-8175. First prize winners receive \$1,000. Deadline is April 30, 1994.

DAYTONA BEACH FOR

SPRING BREAK

Hotel package is \$144 and the full package is \$234. For details and info contact Millie at (917) 706-8880 or (718) 842-6451.

POSTER CONTEST

Make a poster in English or Spanish to promote breast-health awareness. For more info. contact (212) 442-1849. Two first prizes \$1,000 each. Deadline 02/28/94

SUMMER INTERNSHIP

For info on internships go to career service in Shepard 154 or call (212) 650-5342.